Magazine of the St. Germans and Deviock Parishes and Councils



It is the middle of the month and I await the first egg. The Blue Tits have been busy bringing nest material and the camera in the nest box indicates that the fussy female spends much time repositioning it. She is not satisfied yet. From previous experience I know that she ought to lay very soon. Blue Tits invest a lot of energy in their brood because it will be the only one this year, so there may be eight or more eggs. They have to time the laying of eggs perfectly, so that the emergence of caterpillars in May coincides with the hatching of their brood. In contrast, other birds such as Robins and Blackbirds have more than one brood in the year, but the number of eggs in each is fewer. In another part of the garden amongst the ivy Robins are busy at their nest. Their eggs were laid two weeks ago. The female peers at me, disapproving of my interest. These are not the only birds that visit - Dunnock, Blackbird, Chaffinch, Wren, Jackdaw, House Sparrow, Goldfinch, even a Herring Gull – but they are nesting elsewhere. Fortunately, the weather has been considerate and it is difficult to miss the wealth of birdsong especially at dawn. It is worth looking up too. The odd Swallow has passed over the village and on one evening I heard the familiar sound of a migrating Curlew high overhead. The importance of gardens to our wellbeing and sanity at this unique time is vital, yet it is not just the birds that deserve our interest. Spring butterflies, hoverflies and bees, for example, are very evident too and this period of isolation offers us the opportunity to learn, perhaps to sort out one bee from another and one bumblebee from another. Occasionally I have noticed a Bee Fly, which is not a bee at all but its colouring helps to mimic one. An important task is to check that our pet toad is still in residence – it spends the day under a tray in the garden and goes out at night. Meanwhile in the pond the tadpoles are active and growing slowly. The bursting greenery in hawthorn and maple trees has added to the wealth of colour among the ornamental plants. Spring is an exciting time and its arrival is a security we all need. Alan Payne

#### From the Parish Councils

## St Germans Parish Council

There is only one issue grabbing the headlines, but the world continues to turn at the same pace. Adapting to change is the only answer and there are so many people out there trying to help as best they can. The Council's web site has lots of useful information from all sources and links to further help and is being kept up to date. Being neighbourly to others and tolerant to their needs will be in great demand for some time yet.

Three things have been brought to our attention:

- A routine fence repair that was a safety issue has a temporary solution as normal routes produced no response.
- A neighbour who uses power tools from 0900 till 1300 had not thought of another neighbour who is a frontline NHS worker on night shifts.
- Canoeists and paddleboarders using the water for "recreation" when all the advice is "Stay at home".

Let us all hope that things improve, and we can all stay safe as neighbours in what is a good community.

Councillor Nigel Witton

#### **Deviock Parish Council**

Annual Parish Meeting (7<sup>th</sup> May) and Annual Meeting (14<sup>th</sup> May) have both been cancelled. (Elections moved to 2021.) The Planning Committee Meeting (28th May, 6.30pm): will now take place in an alternative format. While there are currently no Full Council meetings, day-to-day Parish Council business continues and we expect to have a virtual meeting in June. We will keep you informed via the Deviock Parish Council website (www.deviockparish.org.uk).

### **Deviock Parish Council Loan Fund**

The Council provides interest-free loans (up to £1,000) to local organisations for specific projects (subject to terms and conditions). Please contact the Clerk or one of the Councillors if your organisation thinks it could benefit from this service.

As the Deviock Parish Office is currently closed as a precaution for the foreseeable future, please use <a href="mailto:clerk.deviockpc@btinternet.com">clerk.deviockpc@btinternet.com</a> to contact the Clerk via email if you have an enquiry (Mon-Fri).

Karen Pugh (Clerk)

#### The View from County Hall

As is the case for many in these lock-down days, working remotely from home has been the standard protocol for me. I receive regular updates from Cornwall Council with the latest details on the council's response, service delivery, resident & business support, and other issues regarding Covid-19. These updates usually involve a significant and fast-changing amount of information. My



face-to-face council work has been cancelled or postponed. However, there is some work that continues remotely including some Licensing business, scrutinising planning applications, signposting residents and more. I also attend, remotely of course, a number of weekly meetings with other Cornwall Councillors, officers and residents using Skype, Zoom, email or on the telephone. I'd much rather talk about the weather, bluebells, wild garlic, campion or primrose than PPE, 5G, the WHO, or anything virus related.

With that in mind, may I encourage one and all to take care of their personal mental well-being? Turn off your tech and nourish yourself with whatever it is that makes you feel stronger, healthier and at peace. Breathe deeply, have courage, persevere and remember to practice the golden rule. Love your neighbour as yourself or 'do unto others as you would have them do unto you'. This maxim is much easier said than done but much needed these days. Remember that everyone is coping with this crisis in different ways that we might not always understand. Be gracious and be kind. If you are in need of support please ring Volunteer Cornwall on 01872 266988 or email them at requestforhelp@volunteercornwall.org.uk. Please email <a href="mailto:covid19@cornwall.gov.uk">covid19@cornwall.gov.uk</a> for any questions or concerns regarding the pandemic.

If I can help with anything council related or if you need signposting to some excellent mental health resources, or just need a chat, please contact me on 07449 372274 or jesse.foot@cornwallcouncillors.org.uk. Gwella, Jesse Councillor Jesse Foot

### Seeking help?

If you, or someone you know who is self-isolating and needs help with shopping, collecting medicines or other practical help and support, contact Volunteer Cornwall directly to request a volunteer:

## Ring 01872 266988 or email requestforhelp@volunteercornwall.org.uk

Help may include collection of medication and food and follow-ups to ensure that the individual's needs are met. You do not need to be elderly or sick to feel isolated, anxious overwhelmed or vulnerable:

Having the courage to seek support from others is a mark of strength.

#### **Cornwall Council useful links:**

The following links have been provided by the Council to provide useful, factual and regularly updated information on COVID-19:

- Cornwall Council's COVID-19 information page: www.cornwall.gov.uk/coronavirus
- The latest information from the NHS can be found under 'your health': <a href="https://www.cornwall.gov.uk/coronavirus">www.cornwall.gov.uk/coronavirus</a>
- NHS 111 information can be found on the NHS Cornwall 111 pages: www.111cornwall.nhs.uk
- The NHS Every Mind Matters website has some simple useful tips and advice to support good mental health: <a href="www.nhs.uk/oneyou/every-mind-matters">www.nhs.uk/oneyou/every-mind-matters</a>
- Public Health Campaign Resource Centre (you'll need to register) for the latest posters, videos and social media graphics pack: <a href="https://www.campaignresources.phe.gov.uk/resources/campaigns">www.campaignresources.phe.gov.uk/resources/campaigns</a>

Social media is also a valuable tool at a time like this, but it can also contain misinformation and rumour, which isn't helpful. Take care. The following accounts will be regularly posting out the latest factual advice and information:

- <u>Cornwall Council</u> Twitter @CornwallCouncil: www.facebook.com/forCornwall
- <u>Devon and Cornwall Police</u> Twitter @DCPolice: <u>www.facebook.com/DevonAndCornwallPolice</u>
- <u>Cornwall Fire and Rescue Service</u> Twitter @CornwallFRS: <u>www.facebook.com/CornwallFRS</u> <u>www.safercornwall.co.uk</u>
- Public Health England Twitter @PHE\_UK: www.facebook.com/PublicHealthEngland
- Department of Health and Social Care Twitter @DHSCgovuk: www.facebook.com/DHSCgovuk
- $\bullet \ NHS \ England Twitter@NHSEngland$

The NHS advises to only trust NHS organisations on Twitter which are 'blue-tick verified' www.facebook.com/NHSwebsite.

Due to the possible spread of Covid 19 and the instructions from the government for everybody, apart from key workers, to stay at home the permissive paths at Trerieve Farm will remain closed until further notice. Cornwall Council, the Parish Council, the new tenant farmer and I look forward to the day when the paths can be opened again for everybody to enjoy. Kind regards Richard Pugh 01503 220768 or <a href="mailto:richard.pugh@cornwallcouncillors.org.uk">richard.pugh@cornwallcouncillors.org.uk</a>

#### **Editorial**

There is a recurring theme of heart-warming selflessness in so many of the contributions to this month's Nut Tree. Perhaps it should be no surprise that the Nut Tree community has rallied to offer help in such an immediate and generous fashion – but we should never take for granted the goodwill of those prepared to put themselves out on behalf of others.

A small army of volunteers, some under the auspices of our regular contributory groups, and other ad hoc arrangements and individuals serving their own villages and our outlying farms, within hours of the initiation of the lockdown have sprung into action delivering food, essentials, comfort and company to those who have had to isolate or are separated by location or circumstance. Much of this has been without fanfare or fuss. Our new 'Community Thanks' section below is a chance to record your thanks for those whose efforts might otherwise pass unnoticed. If you haven't volunteered yet, but can, please do give one of the groups a call to see how perhaps you might help. Or perhaps just make a phone call to an elderly neighbour you haven't spoken to for a while to say 'Hi" and check they're OK. Every gesture helps.

Amidst all the goodwill, there has been some more acrimonious social media discussion about folk from outside the area coming to stay to escape the cities and areas of higher infection during the lockdown; but there is a hidden positive reminder of how incredibly lucky we really are in comparison with others elsewhere in the country. We generally have fresh air and space to 'social distance' whilst exercising without treading on each others' toes. It is no wonder that some look on us from afar and feel a pang of jealousy and an almost overwhelming urge to join us. The minority are discouraged by the proper authorities, but the majority have wisely foreseen the potential consequences and chosen not to try. We should focus on our gratitude to them for their thoughtfulness and look forward to welcoming them back when the time is right. Whilst it is absolutely right that people remain discouraged from travelling unnecessarily to second homes or isolated B&Bs, our pleas to those tempted to do so should be couched with the graciousness of recognising our own relative good fortune rather than the smugness of being 'holier than thou'. *Ed* 

#### **Nut Tree Deliveries**

Door-to-door deliveries are by volunteers. Many are themselves vulnerable and temporarily unable to perform this service so some homes may get missed. We also keep up to date with the latest advice and instruct our volunteers on procedures to keep them and you safe from accidental virus transmission. Where possible, we shall always try to find alternative methods of getting the Nut Tree to you but, as a fall back, copies can be collected at Downderry Stores, Tredinnick Farm Shop and St Germans Community Shop. Please also take copies for housebound neighbours.

## Community Thanks - 'Applause for thought'

(A special section we'll run for a while providing a chance to say thank you to those who are 'going the extra mile' for others. Please feel free to submit your own nominees to the email address at the top of this edition). These come from readers, not us:



Big thanks to Claire Croft, the Patient Participation Group and other volunteers who have been selflessly helping the staff at Quay Lane Surgery. You know who you are.

Heartfelt thanks to Kim, Richard & the whole team at Downderry Stores & Post Office for their outstanding contribution in not only in keeping the village supplied, but also safe, in these unprecedented times. We are aware of how stressful it must be to provide these services when you are always conscious of your own vulnerability. Without you, the village would be a much poorer & isolated place.

Big thanks also to **Jennie and the team** for their sterling work in keeping **St Germans community shop** open and offering vital supplies to all who need it,

### **Community Service Deliveries.**

Several local produce suppliers are still making special arrangements focussed on serving the elderly, isolated and vulnerable. The details differ slightly but Downderry Stores, St Germans Community Shop, Tredinnick Farm Shop (phone only but keep trying if busy - please do not leave a message) and Bray's Butcher (order Monday or Tuesday for same week deliveries) have all confirmed they will be continuing this valuable service until further notice. Thank you. Some minimum spend conditions and distance limitations apply and 'other suppliers are available'.

## Message from the local churches.

Although the churches are closed we have quickly got into the routine of praying at home and meeting together over the internet for services and meetings. It has been a steep learning curve for a lot of us including myself, as we have learnt to download zoom and click on the correct links at the right time. We are now using emails and zoom for most of our encounters but of course phone calls and letters are important too, the main thing is that we all keep in touch and are thinking and praying for each other. These prayers also cover the wider community as the church is not just about the building or church goers but is about thinking of all in our local communities, especially those who are struggling with loneliness or ill health.

My email is <u>parker30@hotmail.com</u> and my phone number is 01503230676 if you would like to know more about our online services etc.

\*Revd Lynn Parker\*\*

#### St Nicolas CofE Primary School Downderry

There was a lot of 'monkeying around' at St Nics back in January when we started the new term and year. A monkey suddenly appeared on the roof of the school and began throwing banana skins at the Year 1 & 2 children. Luckily, he turned out to be a friendly jolly monkey! After that, the infamous Gorilla Grodd appeared but was defeated by the marvellous monkey. This started a range of experiences which prepared Year 1 & 2 to innovate their Talk for Writing text.

Shortly after, a strange noise appeared floating through the corridors... bagpipes! Children celebrated 'Burns Night' by dancing on the playground to bagpipe music, trying out some Scottish delicacies (Haggis, Neeps and Tatties) and learning about the history of the tradition. Shortly after the bagpipes disappeared, a chinese melody filled the air; The St Nics Chinese Restaurant opened for the 4th year in a row and children tasted delights from the culture, using chopsticks and to the aroma of Chinese incense sticks!

The school school soon became a busy hub of excitement the following week as Parents and members of the community descended to peruse children's entries for the Art and Photography Exhibition. This displayed a range of varied and creative skills which were clearly progressive across the age range. Mr Bill Woods, a Director and I judged the entries together.

The poor Year 5 & 6 children were evacuated away from their parents and donned World World 2 evacuee attire; travelling by train to the Regimental Museum in Bodmin. They discovered artefacts and gained lots of new knowledge about their history topic. Children enjoyed spam sandwiches and rock cakes for lunch which were surprisingly popular!

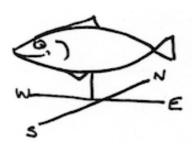
Miss Pitman did a fantastic job of leading Internet Safety Day across the school and helped us to ensure that our children are safe online. Year 3 & 4 children visited the beach to take part in experience as the 'hook' for their Talk for Writing text. To end the half term, over 50 parents and staff spent the evening testing their general knowledge at the school quiz evening which raised hundreds of pounds for us to spend moving forward.

Finally, the intrepid Mrs Edwards and Mrs Cooper led an absolutely inspirational Science Week which involved an alien crash landing in the school grounds. This carefully led into work on forensics, DNA and even included an autopsy. This greatly enhanced the children's experience of using scientific skills. This development of skills led to an increase in knowledge which was evident in children's written work. Again, this demonstrated children's developing skills progression across the range of ages. You can find a full video of the ordeal on our Facebook page although, I warn you; it's pretty gory!

The Summer term has not quite started as we had wished however, everyone is working very hard at home. I would like to say well done to everyone. I am hugely proud of every family, every child and every member of staff for their resilience, determination, courage and focus as we work together during this difficult time.

Hopefully, we will all be back together soon, once it is safe and appropriate to do so.

### **Downderry and Seaton Village Hall**



While watching the news about the lack of PPE for carers, Downderry residents Lara Belcher and her daughter Diana Korbelovà felt genuine anguish at what they are going through at this difficult time, especially as Lara used to work as a carer. They decided they had to help and so came up with the idea of using their silks to make face masks.

They would like to thank all the locals in and around Downderry and Seaton who have donated money and materials and are also making some masks with them. Also a big thank you to **Liz** from Painters Art & Craft shop in Liskeard for her donation of elastics and fabric. All of this help has kept the cost of the masks to about £1 per 10 masks and Lara and Diana are making 100 per day. The masks are washable with elastic for ease of putting on and filters that can be changed. They have already delivered masks to lots of care homes in our area, local residents and key workers. Feedback has been excellent and the masks are evolving following suggestions received.

To continue with this great work and fulfil the latest requests they have received, they need more materials and would be grateful for any donations, which can be made at <a href="https://www.gofundme.com/f/face-masks-for-carers">https://www.gofundme.com/f/face-masks-for-carers</a>.

Mandy Smith

## Downderry and Seaton Residents' Association - DaSRA

Need a friendly chat? Stuck at home - or self-isolating in the latest jargon - and need some food or medication delivered? Help could be at hand. Try us. Just give us a call or send us an email. DaSRA is the local coordinator for the Downderry & Seaton Good Neighbours' Group (GNG) a befriending initiative partnered by Neighbourhood Watch and Volunteer Cornwall. As the title implies, it's about encouraging local people to be a good neighbour during the Coronavirus lockdown, which is not difficult in our friendly community.

Thank you to our GNG Volunteers who have joined the Group - such an expression of just wanting to help during these extraordinary times and not wanting anyone to feel that they are on their own. We know many vulnerable residents are self-isolating, and cannot leave their homes so have made arrangements for food deliveries from our shop. We are all indebted to Kim and Richard, and their staff, for being there for us all and keeping us well supplied - a very big Thank You Downderry Stores. Our volunteers, all living locally, are ready to give any support needed, so if you, or someone you know, would like a regular chat on the phone, or you have a particular need, do get in touch with DaSRA. <a href="mailto:info@dasra.co.uk">info@dasra.co.uk</a> or 01503 250911. Stay safe and stay well.

### **Downderry 'Front Line Heroes' Competition**



Show your support for our front-line workers by taking part in our competition. Create your own 'Front Line Hero', it can be a doctor, nurse, care worker, policeman, member of the armed forces or someone who is important to you.

Register your entry at <a href="mailto:downderryfrontlineheroes@gmail.com">downderryfrontlineheroes@gmail.com</a> and display your allocated entry number with your hero outside your house. When you take your daily exercise, (remembering your social distancing, of course) look out for other people's heroes and vote for your favourite at the same email address.



Heroes should ideally be in place from St. George's Day, Thursday 23rd April, until the end of the Early May Bank holiday. It's OK if you don't make the start date.

Get involved, have fun with your kids and show your support.

Martine Gibbs

#### The Zone

In these times of difficulty when we are unable to provide our facility for our regular users, please know that we are still thinking of you all .We look forward to a time in hopefully not too distant future when we can welcome you back & we can continue to support the community.

The Zone Management Group

#### St Germans & District Garden Club

Greetings to all our members and we hope you have all stayed safe and kept well. In these strange and challenging times the one benefit must be the gardens! At the time of writing we have no way of knowing if restrictions will be lifted to a degree that we can hold our usual meeting in May. However we are hoping perhaps at least to arrange some kind of plant exchange albeit possibly a distanced walk past! So keep looking after those extra plants and seedlings. If necessary we will be in touch by email or by phone for those without email with details. Stay safe and keep gardening.

Ann Drew

### **Downderry and Seaton WI**

The WI is alive and well in Downderry and Seaton. Under the auspices of "For the love of Scrubs" - a national call to people to make Scrub suits for the NHS - Downderry and Seaton WI, along with other WI's on the Rame Peninsula and friends have been making these suits and donating them to The Royal Devon and Exeter NHS Trust who supply Derriford Hospital with Uniforms and laundry facilities. If anyone would like to get involved with this effort, please phone 01503 250322. The April meeting could not happen under the current restrictions, so we had our own version of GQT with "speaker", Mike Stephens, providing us with a bespoke written presentation which included answers to members set gardening questions and the offer of answering any more questions we may have.

The committee have been having meetings on Zoom and have decided to roll this method of "getting together" for our monthly meetings. The first one will be on 12th May at 1.30 p.m. Complete with speaker! Following on from this meeting on 14th May we will have another "Social get together" via Zoom at 6.30 p.m.

Members have been taking some of their permitted exercise doing the WI garden observing social distancing and we hope that villagers will enjoy the fruit of our labour shortly.

\*\*Maura Swabey\*\*

#### **Hessenford WI**

Unfortunately, of course, we are not be able to get together at our normal monthly meetings. We do, however, keep in touch with one another by phone or email and count ourselves lucky to have such a lovely band of members. We all hope that the current situation can be resolved as soon as possible, but the most important thing is that everyone everywhere can stay well. Very best wishes to all. *Rose Gething* 

## Simple ways to save the planet

I hope this article finds you all well. These are certainly unprecedented times. For many of us who are unable to work this has meant time to contemplate and think about what is important in life, and what we want when 'normal' life resumes. I have thoroughly enjoyed walking in and cycling in the lanes with very little traffic, having leisure time to chat in the queue to the village shop. The community spirit that was once the lifeblood of villages seems to be returning in spades.

Now could be the time when we decide we no longer want a sky filled with vapour trails, that we want investment on schemes such as HS2 spent instead on improving local community networks to make low carbon transport such as cycling and walking safer.

We may wish to think more of self-sufficiency; growing more of our food locally, eating seasonally, rushing less and buying less. We may want to think more of how money dedicated to economic growth could instead be diverted to ecological growth, or local schemes to support the NHS, which has been the real hero of this crisis.

For the first time in most of our lives we have been given an opportunity to say "Let's not return to the hamster wheel. Let's think how we can go forward for the best benefit of our local society and the environment. What do we want next?" Answers on a postcard to be sent to your MP, parish and county councillors.

In the meantime, I'm hoping you all stay safe and well, and raising a big cheer for all those who have stepped up and gone the extra mile to help us through this crisis.

Lizzie Stroud

### St Germans Thursday Club in April and May

We are pleased to report that we've all been keeping in touch remotely. Email and phone calls, occasionally meeting on separate benches or standing at a social distance apart, as in the shop queue, or while taking our daily walks.

Greetings from our now un-booked visitor for May 28th - I phoned Eileen Crouch to say we're not meeting until further notice, and we had a nice chat. Really looking forward to her talk on being evacuated to Canada in WW2; we now have time to also look at our members' family and village memories of that time and since.

Jean Mills and the Committee send best wishes to all members. Keep safe and don't feel alone. If you have any questions or problems, or just want to connect, we will be happy to hear from you, at 01503-230324. Please continue to keep in touch - We miss our meetings, but as my childhood friend Flo (now living in Florida) told me: "Good friends are like stars. You don't always see them, but you know they're there..."

Sue Cousins

## **Downderry Bus 300 Club**

I carried out the 300 Club draw early this month to enable the winners' names to be published in this Nut Tree: 1st. No. 114 Kitty Pearce=£20; 2nd.No. 113 Paula West=£15; 3rd. No. 84 Jane Mather=£10. At present we do not have the spare cash to pay our winners, but do not fear I have it all written and kept safe in the files. There are still members that owe, please leave your donation, clearly marked in Downderry Stores or in my post box at 'Ridney', Brenton Road. Remember you have to be 'in it to win it'!! *Jo Woodley* 

## Save the Children launches Covid-19 Response Fund

We have launched an Emergency Fund to support the 4 million (and rising) children in the UK living in poverty. This pandemic brings new challenges so we need your support now. Visit Save the Children's website (savethechildren.org.uk or 0207 012 6400) or our Sunnyside Downderry car bay and buy a few fabulous plants. Veg will be available soon.

Chris Wiseman

### Buses and Trains - St Germans & Area Public Transport Group

<u>Buses</u>. You'll almost certainly know that bus services are still running, but (probably when you read this) still on an emergency timetable (as below). Once the emergency has slackened, the plan is to resume on the timetables which had been scheduled for 29<sup>th</sup> March. The timings will be available on <a href="https://www.transportforcornwall.co.uk/">https://www.transportforcornwall.co.uk/</a>, and in the Transport for Cornwall booklet. We will try to produce local flyers as well for shops, pubs etc.

Derriford Hospital - S	Liskeard - Saltash - Derriford Hospital						
Derriford Hosp.	1035	1435	1735	Liskeard, Lloyds Bank	0906	1206	1606
Whitleigh	1044	1444	1744	Menheniot	0924	1224	1624
Saltash Fore St.	1059	1459	1759	Bethany	0934	1234	1634
Landrake	1110	1510	1810	Polbathic	0941	1241	1641
St Germans Eliot Hall	1117	1517	1817	St Germans opp Eliot Arms	0945	1245	1645
Polbathic	1119	1519	1819	Landrake	0957	1257	1657
Bethany	1127	1527	1827	Saltash Fore St.	1009	1309	1709
Menheniot	1137	1537	1837	Whitleigh	1016	1316	1716
Liskeard Post Office	1155	1555	1855	Derriford Hosp.	1027	1327	1727

# COVID 19 Mondays to Saturdays 75 bus service

Liskeard - Downderry - Torp	oint	Torpoint - Downderry - Liskeard					
Liskeard, Lloyds Bank	0818	1218	1618	Torpoint, Ferry Shop	1002	1402	1802
Liskeard Dental Centre	0820	1220	1620	Antony, Carew Arms	1012	1412	1812
Liskeard, (Morrisons)	0822	1222	1622	Sheviock, Church	1016	1416	1816
Widegates, Council Houses	0831	1231	1631	Crafthole, K. Foster Close	1020	1420	1820
Hessenford, Copley Arms	0834	1234	1634	Portwrinkle	1023	1423	1823
Seaton, Countryside Park	0839	1239	1639	Downderry, Square	1037	1437	1837
Downderry, Square	0842	1242	1642	Seaton, Countryside Park	1040	1440	1840
Portwrinkle	0857	1257	1657	Hessenford, Copley Arms	1046	1446	1846
Crafthole, K. Foster Close	0900	1300	1700	Widegates, Antiques	1049	1449	1849
Sheviock, Church	0904	1304	1704	Liskeard, (Morrisons)	1059	1459	1859
Antony, The Carew Arms	0908	1308	1708	Liskeard, Dental Centre	1101	1501	1901
Torpoint, Ferry Shop	0920	1320	1720	Liskeard, Post Office	1104	1504	1904

<u>Trains</u>. The emergency, reduced timetable is probably still operating when you read this - check carefully before travelling. It is expected that the new summer timetable (which had been scheduled to start mid-May) will begin once the emergency regulations have slackened. We aim to produce our normal copy of that once the situation is clearer, and will make it available in the usual ways.

Alan Cousins 01503 230106

#### RITA'S ROTA WILL RETURN (when there are events to report!)

Disclaimer: The editorial group accepts no responsibility for views expressed in any edition of Nut Tree. Nevertheless, we will always try to be as accurate as possible and ask similar commitment to factual correctness from all contributors.