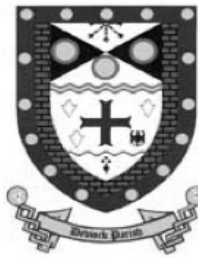


NUT TREE

nuttree.editor@yahoo.com



Nature Notes

Keeping local for your recreation may be restrictive but there are obvious advantages. You get used to particular habitats, especially what is in your garden, you know what to expect and you appreciate the subtle changes. It is also surprising how much you can see in a small area close to home. At some time in the day, I can almost guarantee Herring Gulls and Jackdaws on neighbours' roofs, whilst in the garden I have attracted a couple of Blackbirds and Robins to feed on cheese on the window sill. The Blue Tits are already prospecting the nest box, whilst Dunnock, Great Tit, Coal Tit, Wren and Chaffinch are regulars. Wood Pigeon and Collared Dove may fly over the garden but observing other birds requires a bit of good fortune. Even common residents such as House Sparrow and Goldfinch are not regular, yet in a neighbour's garden the opposite is true.

On one day recently, I set out to discover how many species I could observe in a few hours without too much effort. I checked the local hedgerows in Donderry, where Long-tailed Tit, Goldcrest, Bullfinch and Blackcap were good finds, before venturing on to the beach. The surface of the sea was flat which meant it was easy to pick out seabirds such as Kittiwake, Fulmar, Gannet, Shag and Cormorant, but a raft of Razorbills was a welcome sighting close inshore. There was one Great Northern Diver too, a winter visitor from Iceland. Along the beach itself, there were smaller birds - Black Redstart, Rock Pipit and Stonechat, for example. An obliging Peregrine flew over. The strangest record was that of a pair of Mute Swans flying east just offshore.

Moving inland, I noticed that I had already seen 36 species and so I decided to set myself the target of reaching 50 by the end of the day, as I walked uphill to Narkurs. I enjoy this area because you meet very few people and the views across to the moors are dramatic. Here you encounter various farmland birds such as Skylark, Meadow Pipit and Linnet but there is a chance of some uncommon visitors. As I scanned the landscape, a flock of

Wood Pigeons took flight. Nothing unusual in that, but among them were a couple of Stock Doves. This species is relatively common, but easily overlooked since it can be mistaken for its larger cousin. Around Narkurs, I was hoping for Lapwings and Golden Plovers, both winter visitors, and fortunately a few flew overhead. Starlings which are uncommon along the coast, were numerous in the fields here.

As I turned towards home at Deviock, I noted the odd Fieldfare and Redwing, both visitors from Scandinavia. A Grey Wagtail flew up from a ditch, another fortuitous encounter. By the time I had reached home I had seen 52 species of birds in the day. I had missed birds such as Raven, Chiffchaff and Kestrel, which on another occasion I could have seen. It was an impressive total, made more pleasing in the knowledge that I had kept within a radius of a couple of kilometres from home. The exercise and challenge had been enjoyable and I had not used the car.

Alan Payne

Deviock Parish Council

Forthcoming virtual meetings: Full Council 11th March 7.30pm; Planning Committee 25th March 6.30pm. See Agendas for details prior to each meeting.

Footpaths. The Parish Council is looking to put forward for registration any old footpaths that could be brought back into re-use. If you know of any such footpaths within the parish, please do let us know (email address below). Cornwall Council maintains a definitive online map, including existing footpaths. Search 'Cornwall Council footpaths'.

Seaton beach tank traps. You may have noticed several large 'boulders' on the beach by the new slipway; these are Second World War tank traps. The Parish Council, supported by the Cornwall Heritage Trust, is considering re-siting the tank traps and creating a heritage display on the Triangle at Seaton. Cornwall Council's view on this is currently being sought. A description of the proposal will be added to the Parish Council website.

Parish Office. As the Parish Office is remaining closed until further notice, please contact the Clerk via email if you have an enquiry (clerk.deviockpc@btinternet.com, Mon-Fri). See the website at: www.deviockparish.org.uk (where Agendas and Minutes are available). To comment on a planning application, go to: www.cornwall.gov.uk/environment-and-planning/planning/.

Seaton BT Phone Box. Before starting work on refurbishing the phone box, Deviock Parish Council welcomes ideas for its use. Residents' suggestions so far include a book or plant exchange and an art gallery. Preferences put forward will be discussed at a future Parish Council meeting. Please forward your ideas to clerk.deviockpc@btinternet.com.

John Croft, Parish Councillor

Deviock Parish Council Loan Fund

Deviock Council provides interest-free loans (up to £1,000) to local organisations for specific projects (subject to terms and conditions). Please contact the Clerk or one of the Councillors if your organisation thinks it could benefit from this service.

St Germans Parish Council

Thank you to Quay Lane Surgery, for the smooth running of the Covid Vaccination scheme, the age groups are quickly receiving their appointments. I think that this is the beginning, with care, to a safe return to normal life.

The virtual pavement, at the top of Fore Street St Germans, beside the Old White House and Pub, has been in place for a few weeks and is enabling safer access to the Community Shop.

During the next two months a series of virtual meetings will be hosted by Highways England, (A38 Trerulefoot to Carkeel Safety Package), where the public can participate. More information will be available. Concerns from motorists, people walking, cycling and horse riding, using or crossing the A38, will be well received. The Safe 38 road safety group based in Tideford have been campaigning for improvements, for a few years now.

We are currently negotiating the final terms of the lease to Tideford Play Park and we will open the park, as soon as we possibly can.

The next St Germans Parish Council meeting will be held online Monday 29 March 6pm. The joining link will be published in the Agenda.

Take care Stay safe.

Councillor Graham Mackeen

News from County Hall - Cllr Jesse Foot



'Gool Peran Lowen Onen Hag Oll' - Happy St Piran's Day to One and All on the 5th March. St Piran, one of the patron saints of Cornwall, and patron Saint of Tin Miners, has become the saint most associated with Cornwall. The flag of St Piran has been adopted as the national flag for Kernow. Saint Piran's Feast day was celebrated by miners up until 1764 with modern day celebrations taking form in the 19th century. The day celebrates Cornish history, culture, language, and identity. Shared identity is a glue in the magnet of strong communities.

The national census that will largely be undertaken online takes place in March of 2021, and I want to encourage everyone who identifies as or speaks Cornish to make sure they opt for the Cornish choice in drop down menus for identity and language in the online

census form. This helps to inform policy and draw down better funding from central government. There may not be a Cornish Tick Box yet but hopefully there will be one day if enough people make their mark in the box.

Making one's mark or voting in local elections set for 6th May 2021 is another way for one's voice to be heard. The current number of Cornwall Councillors and divisions is being reduced from 123 to 87. This further centralisation of power means current divisional boundaries have been redrawn and the size increased by about 50%. For geographical reasons, I will not be standing in the new Rame and St Germans division but in the Liskeard South and Dobwalls Division. I have found it a great privilege to represent and work with parishes and residents in the area since 2017 and thank everyone for their support over the years. Cornwall Council will do everything possible to make sure local elections are as safe as possible. However, one can always register to vote by post if preferred. Register online by searching for Postal Vote Cornwall and you should find the webpage or phone electoral services on 0300 1231 115.

Celebrate Cornwall, represent Cornish identity in the census, and register for your postal Vote! I am still the Councillor for St Germans and Landulph division until the 10th May so, please get in touch if I may assist with anything CC related. Gwella,

Jesse Foot - 07449372274

Editorial

There is a Spring-like feel in much of this month's content. Although, at time of writing, the news is not yet certain enough for detailed planning, there is an aura of re-emergent future within the parishes, and better things yet to come. Visitors, volunteers and staff of the various vaccination sites around the area, for example, will have witnessed the sense of hope and relief which has been tangible; not least amongst the priority elderly and vulnerable recipients, whose enjoyment of life has recently been so painfully constrained. Their stoicism, throughout the restrictions of the pandemic, and now banter and gratitude provides lessons for us all; not least the younger amongst us who also patiently await their turns for a job but meanwhile have also been deprived of significant elements of a normal routine - whether that be in places of study, workplace (or the pub!). If there is one positive to be drawn from our long, bleak lonely winter, it is that there is always a future - and it is all the better for the prospect of being able to look forward with the confidence of belonging to a 'community' that has rallied so well in response to need. It is the bleak times which bring us together most effectively. In adversity we grow stronger.

Ed

Nita's Passing

To all our friends and neighbours, who sent and gave such generous messages of sympathy and support, at a very sad time, I would like to say a heartfelt thank you, on behalf of all my family and myself. Best wishes to you all.

Bob Hudson

Quay Lane Surgery - Patient Participation Group

There is huge appreciation in the community for everyone at the practice for the enormous effort that has been put in to not only delivering vaccinations, but for maintaining services to patients needing urgent medical advice and assistance at this unprecedented time. The whole team at Quay Lane Surgery continue to work tirelessly.

Those patients shielding and who urgently need support with shopping or any other welfare related issues, please contact Jessica Hirons the practice Social Prescriber: Tel: 07976 122726 or e-mail jessica.hirons4@nhs.net You will need to leave your name, DOB and state that you are a patient with Quay Lane Surgery.

Patients needing help with shopping and other services who are *not* on the 'high vulnerable shielding' list please contact Volunteer Cornwall: Tel: 01872 266988 or e-mail: requestforhelp@volunteercornwall.org.uk

If you would like more information about the PPG and how we are supporting the practice at this time, you are very welcome to get in touch with me by email.

Mrs Claire Croft - PPG Chair quaylaneppg@gmail.com

Practice News

We are now inviting patients in Priority Group 6 for a COVID vaccination (aged 16 - 64 with an underlying health condition – see the government or practice websites for detailed clinical conditions list). Patients will be contacted by the surgery in the coming weeks via text or phone as clinics are made available. There are a lot of patients in this group so we kindly ask that you do not contact the surgery unless invited to do so. Alternatively, you can book an appointment at a mass vaccination clinic on receipt of an invitation from NHS England. You will not be able to access the Pensilva or China Fleet Country Club sites via this booking method.

Whilst we have now invited all patients in Priority Groups 1 – 5 (all patients aged 65 and over and clinically extremely vulnerable patients), we will prioritise any that have not yet received a vaccination. If you fall into one of these groups and have not yet been vaccinated, or have a vaccination appointment arranged, then we do ask that you contact the surgery.

With our clinicians and admin teams working weekly at the vaccination centre we are currently just dealing with urgent and emergency problems. If you have a routine problem that can wait then it would be most helpful if you could wait until our normal service resumes. Alternatively, you can use a local pharmacy for advice or contact NHS111 on-line or via telephone for support and advice. However, you should continue to contact us if you have an urgent concern or symptoms that you are worried about.

I would like to thank you for all of your patience and support over the last year and particularly now as we roll out the vaccination programme to our patients and community. Your health and safety is our primary concern and it is important to us that we continue to prioritise the vaccines to you and your families as quickly and safely as possible.

Please be aware that the information we give may have changed slightly by the time of printing. For the most up to date information please visit the Quay Lane Surgery practice website www.quaylanesurgery.co.uk where you will also find a link to the practice Facebook page. Thanks to you all on behalf of the Quay Lane Surgery team.

Mrs Debbie Todd - Practice Manager

St Germans Thursday Club

The February Thursday Club 48th birthday cards were another lovely idea from our Chairperson - and a reminder of how strong the ties are amongst us.

Your current committee - Jean Mills, Celia Boardman, Irene Nightingale, June Greaves, Trish Gregory, and Sue Cousins - have all agreed to serve again.

Last year's membership subscriptions are now extended to February 2022. We always welcome new Club members.

**Members are reminded that everyone is invited to write
About their memories of years gone by, in the club or out
Remember too, that all ideas for future activities are being
Collected by the committee, and, as soon as we
Have opportunities to do so - will be implemented.**

Meanwhile, although we won't be meeting in person on the usual Thursdays, here's some suggestions for keeping in the spirit of our friendship club: -

Why not, on Thursday the 11th March, sit down and write a card or letter for Mothering Sunday (14th March) to someone you know who's a mother, or the mother of someone you know. If you keep a journal or diary, write about mothers, and how much they mean to each of us. Letters are always welcome...

On Thursday 25th March, consider what object, picture or poem you might like to share with others when next we meet. Is there a story to tell about it?

We'd love to hear from anyone with a letter to write, or a story to tell, therefore please.... keep in touch - phone our Chairperson, Jean Mills (01503-230324), or leave me a note at Merryweather Cottage (just along from St Germans shop).

Sue Cousins 230106

Downderry and Seaton Residents Association.

Support your local community - Make your voice heard. During the next few days a leaflet should be dropping through your letter box from DaSRA, the Downderry and Seaton Residents Association. YOUR residents association. It's our very first mail shot, and we need your help. If you don't receive a leaflet at home, don't worry, they will also be available at Downderry Stores. You will find them in a rack beside our own brand new post box situated on the wall just to the left of the ice cream freezer by the front door. These very precise directions are important, because now you know where to post your replies, and, of course, any other post for DaSRA.

The members of the DaSRA committee want everyone, all residents of Downderry and Seaton, to be able to have a say in how the association works, which is why we have decided to set up a membership scheme. The leaflet is an invitation to you to join the association, and, after all, DaSRA is here to represent OUR common interests. We believe the membership scheme will greatly enhance the association's ability to exercise due influence on matters, that affect the wellbeing of our community, and it will provide an appropriate channel for residents to discuss and act on issues of common concern and interest.

The leaflet will give all the details. Please give it a read, fill in the tear-off reply and post it back to us in our brand new post box (thank you Kim and Richard for hosting it). Our post box is located...we think you know where...

Full details of the scheme are available on our website at www.dasra.co.uk/membership. Or if you would like to know more, do contact our membership secretary, Jeanette Langfeld, 01503 250957 or Chair, Laura Done on 01503 250911. Emails to info@dasra.co.uk

Superfast Fibre Update. Thanks to those residents who responded to our appeal to register names/addresses concerned about their inconsistent internet connections. We have submitted all details of interested residents to Openreach and we now await further contact from them. We will be in touch with those registered as soon as we hear more from the company. Caroline Frith 07747 602820

Neighbourhood Watch. Our local Neighbour Watch Co-ordinator of many years, Jack London, has left Downderry to move back to Rugby, so there is now a void where he once reigned - a vacancy that must be filled for NHW to continue in our village. The Scheme does require a named co-ordinator who is the link between our local NHW and local Police Officers in regard to NHW matters, and as one would expect, there are certain protocols that have to be respected. If you are interested in taking on such a role, please contact DaSRA's Chair,

Laura Done, 01503 250911

Hessenford News



Good afternoon all, well it is as I'm writing this, although it may not be when you're reading it! First, let's welcome Ellen & John to the village. They've moved into Hessenford Farmhouse, returning to Cornwall from the West Midlands to be close to their family. They originated in Cornwall and their family were brought up here but John & Ellen moved away to be

nearer one part of their family but have now returned to be nearer others. It'll be good for everyone to meet them in person when our coffee mornings on the second Saturday in the month can restart. Number 2, St Anne's View will also have new residents by the time you read this but they've not moved in yet as I write this. As for Pineview Cottage, I've been told that it's being advertised as a vacation destination but I haven't met the new owners. There's lots of new information on the Hessenford Covid page on Facebook so please take some time to read what's there and look at the photos.

I hope some of the children in the village were able to join in with the Rock Choir singing group in the half term holidays. I carried on singing with Cornwall Collective and we're putting together, with the Junior Choir, our version of The Rose (can you remember the film that helped to make it quite famous?) so for your delight (or not as the case may be) I can let you hear the results in due course!!

Thanks to everyone who's doing some good work in the graveyard and the church garden and thanks to the people who've offered to help in the future when needed. It may sound a bit sombre but it's worth going for a walk through the graveyard at the moment because the snowdrops are out, the daffodils are beginning to bloom in profusion and soon there'll be a mass of primroses.

You may have seen on your walks around the village that the heather field above our house is being cleared and a lot of the dead wood is being burned. Richard, who owns the field, has told us that the field is going into full production due to the high demand for the heather again. There are also some lovely snowdrops which have been exposed and no doubt there'll be daffodils in there too.

Red Nose Day is back on Friday, 19th March and this year it's never felt more important to have some fun and raise money to support people living incredibly tough lives. We need the power of funny to turn laughs into lasting change. So, whatever you can do, please join in.

I don't know what hobbies you've started during lockdown, Dave's got one but he won't let me write about it, but I learnt this afternoon that the Donderry & Seaton WI, of which I'm a member (I don't think Hessenford & Widegates WI is meeting at the moment), is going to be producing 100 decorated pebbles for the garden area outside the Blue Plate in Donderry. So look out for them in the near future. Anyone fancy joining us to help decorate a few?

The Church Hall is now just about dried out and no doubt socially distanced activities will be able to restart again soon. That means that Helen & I, plus a few others, will have to get our Pilates Pants out of the wardrobe.

Well, it appears that the vaccination programme is going well so I hope those of you who haven't got an appointment date yet will be on the list soon. I have to say I've really enjoyed volunteering at the Plymouth Argyle Hub where everyone is so positive, that includes everyone who's attending to receive their vaccine as well as the NHS staff and all the volunteers. Stay safe, keep smiling and doing helpful things for others when you can.

Fran Moore

Hessenford Hall - Drying Out Programme Update



You will be delighted to know that thanks to the generosity of the Cornwall Community Foundation Emergency Fund we have been able to dry out Hessenford Hall after the December 2020 flooding. A grant of £774 has allowed us to buy an industrial fan and dehumidifier and to cover a small portion of the running costs for these. This will also allow us to act quickly in the future if we find the water or humidity levels rising. The Hall will be open for booking once more as soon as Government direction allows. All of those who have had bookings in the future will be contacted individually to discuss their needs and plans. A big thank you to the small band of volunteers who have been emptying the dehumidifier daily and to all our 'customers' for their patience.

Fiona Bristow

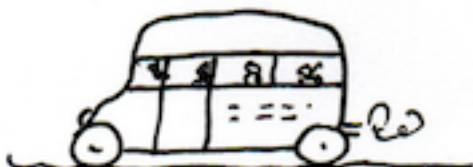
The St Germans Priory Trust

The St Germans Priory Trust has been awarded a grant from Heritage England to make repairs to the roof gutters of the south wall. These repairs will commence on March 15th 2021 and last about two months. We hope the church will function as would be normal for these strange times and these works will not adversely affect any opening hours or services. Currently the Priory is open Monday, Wednesday and Fridays for private prayer and personal visits.

Dr Richard Laugharne

Dowderry Community Bus

Thank you all for donating to OUR bus. The winning numbers in the February draw:

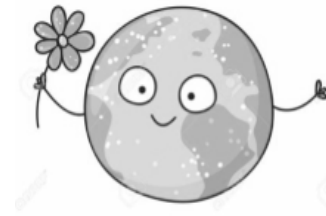


1st. No.164 Ann Jordan = £20
2nd. No. 49 Kay Gorman
3rd. No. 146 Val Bulpitt

Jo Woodley

Simple Ways to Save the Planet

In this cold weather, nothing beats looking out of the window and watching the birds. However, we know birds are increasingly under threat from the ecological emergency we find ourselves in. So, what can we do as individuals to help?



It is well known that modern agricultural methods have been a major cause of bird decline in the 20th century, as hedges have been removed for efficiency and pesticides have killed small insects that make up their diet. Buying organic food can help to support sustainable farming methods.

Feeding birds in the winter may help birds to survive temporarily, and squirrel proof nesting boxes can also be helpful. However, and here is the biggest crux and where our influence is most important; birds need more than food and nesting boxes. Birds need habitats. Our gardens collectively make up more space than all the national parks combined. Add into the mix municipal parks and verges, and we have a very decent area. And there are lots of things you can do in your garden, and neighbourhood, to help.

Birds need hedges and trees. As bushy as possible. If you already have a hedge in your garden celebrate it. Allow it to grow bushy and full of ivy. This will be a rich habitat for all sorts of living creatures. Cutting it down may make your garden bigger, but ecologically much less rich. Similarly, with trees; the older the better. Avoid tidying dead wood, unless it poses a danger, as this will be filled with all sorts of invertebrate bird food, as well as holes and soft wood perfect for nesting purposes. If you don't have a hedge but have space, then planting one will be the best thing you could do. And now is the best time to do so. There are some excellent places selling hedging packs; a mix of hawthorn, crab apple, field maple, dog rose, hazel and guelder rose will provide habitat and healthy food for birds well into the future. A small pond, fruit trees and bushy shrubs to offer cover will also create the perfect mini ecosystem and ensure you have birds to watch all year round.

Even without a garden of our own, as citizens we can play our part in restoring biodiversity. Rather than viewing long verges, overgrown churchyards and pockets of shrub as untidy, celebrate the ecology they support. Campaign for spray free verges and buy organic food. Adopt an allotment. Talk to your council about how you feel about the importance of a habitat rich environment. In this way our towns, cities and villages can once again become a riotous party of bird song.

Lizzie Stroud

St Germans & Area Public Transport Group

The Department for Transport is working on a policy called the “Future of transport: rural strategy”. What follows is taken from our group’s submission to the Department. We agreed with them that the dependence on private cars needs to be addressed, and we

referred to the climate change and pollution problems with cars, including brake and tyre particulates, so that even electric cars are a problem. We mentioned the scourges of accidents and congestion on roads; and we pointed out that many people do not have access to cars - the old, youngsters etc. However, we commented, to reduce the dependence on cars, there need to be good rural bus services, car parks at railway stations, and alternative passenger transport such as demand-responsive services (where people can phone for transport by subsidised taxis, minibuses etc). Such services can bring together a number of people wishing to make journeys between small population centres and transport hubs, such as the railway station, the ferry, and main roads with bus routes. This is important both for residents and for increasing numbers of tourists. We gave the example of the excellent train service at St Germans station but the paradox that none of the villages in the wider Rame peninsula has a bus service to the station.

Such a transport network needs to be surveyed, publicised and trialled in the Rame peninsula as a whole (including Downton and St Germans) to develop services which meet people's needs. Investment in public transport and continuing funding is vital, in order to meet the climate change crisis. It is essential to ensure that public transport runs on as cost-effective a basis as possible - people will only transfer from using cars to public transport if the services provided meet their needs. Thus, there needs to be support from, and good communications between, local authorities (e.g. Parish, Town and County Councils), bus and train operating companies, major employers, passenger groups and other bodies in civil society - including schools, colleges, community bus groups, churches, clubs, community shops, GP surgeries etc.: all must work together to bring about an integrated network.

This sort of commitment could bring a transformation to the Rame peninsula, where there are many poorly served population clusters, individual dwellings - and increasing numbers of tourists.

Alan Cousins

Downton and Seaton Community Bus News

This sounds rather official, so apologies for that! The Downton and Seaton Community Bus Association will hold its AGM for the year 2019/20 at 7pm on Wednesday March 17. Due to the restrictions caused by the coronavirus pandemic and the continuing closure of meeting places such as the Village Hall the AGM will be held virtually using Zoom. Apologies to anyone, who would like to attend the AGM but has no access to the internet. This is not ideal for any of us. If you would like to come to this virtual AGM please contact Kevin Done, DaSCBA chairman, for the details on how to access the Zoom meeting. Kevin's number is 01503 250911 or his email is kevindone@hotmail.com.

If you would like to receive copies of the agenda, the minutes of the last meeting or the latest accounts please contact Heather Thomas, DaSCBA secretary on 01503 250293 or by email at hd.thomas@btinternet.com.

As ever the AGM will have to carry out the formal business of the DaSCBA including approval of the minutes of the last meeting, approval of the accounts, readings of the chairman's report and the treasurer's report, appointment of the financial inspector for the accounts and the election of officers.

Sadly, there will be no communal wine and nibbles at the end or during the meeting, unless you serve yourself, of course, but hopefully normal service can be resumed next time. Fingers crossed, by then, and long before then, our much-missed community bus services will also have been resumed. For any other information please call Kevin Done, contact details as above.

Kevin Done

Rita's Rota – Things may change further so please check before making plans.

March 2021

- 1 7.00 CoE Evening Prayer zoom
- 2 10.00 CoE Morning Prayer zoom ;
6.00 Methodist Communion zoom
- 3 10.00 CoE Morning Prayer zoom
- 4 7.00 Lent Course zoom
- 5 **ST PIRAN'S DAY**; 10.00 CoE Morning Prayer zoom ; 6.00 SUWI -Free film online
- 6 6.00 SUWI -Free film online; 7.00 Evening Prayer zoom
- 7 10.00 CoE Morning Prayer zoom
- 8 **INTERNATIONAL WOMEN'S DAY**
7.00 Evening Prayer zoom
- 9 **Mobile Library** 9.45 Almshouses St G,
10.15 Quay Rd, 1.55 IOS, 2.45 Seaton Car
Park; 10.00 CoE Morning Prayer zoom ;
- 10 10.00 CoE Morning Prayer zoom
- 11 6.00 A Brush with Immortality - Free film
online; 7.00 Lent Course zoom; 7.30 Deviock
PC zoom
- 12 10.00 CoE Morning Prayer zoom;
6.00 Daughters of Igbo Woman Free film
- 13 6.00 SUWI -Free film online;
7.00 Evening Prayer zoom
- 14 **MOTHERING SUNDAY** 10.00 CoE
Morning Prayer zoom
- 15 7.00 Evening Prayer zoom

- 16 10.00 CoE Morning Prayer zoom
- 17 10.00 CoE Morning Prayer zoom; 7.00
Community Bus AGM zoom
- 18 6.00 a Brush with Immortality -Free film
online; 7.00 Lent Course zoom; 7.00 Evening
Prayer zoom
- 19 **RED NOSE DAY**; 10.00 CoE Morning
Prayer zoom; 6.00 Daughters of Igbo Woman
Free film online
- 20 7.00 Evening Prayer zoom
- 21 10.00 CoE Morning Prayer zoom;
6.00 SUWI -Free film online
- 22 7.00 Evening Prayer zoom
- 23 10.00 CoE Morning Prayer zoom
- 24 10.00 CoE Morning Prayer zoom
- 25 6.30 Deviock PC Planning zoom;
7.00 Lent Course zoom
- 26 10.00 CoE Morning Prayer zoom
- 27 7.00 Evening Prayer zoom
- 28 10.00 CoE Morning Prayer zoom
- 29 6.30 St Germans PC zoom;
7.00 Evening Prayer zoom
- 30 10.00 CoE Morning Prayer zoom
- 31 10.00 CoE Morning Prayer zoom

CB Community bus; IOS Inn on the Shore

Copy for Rita's Rota should be sent to ritasrota@yahoo.co.uk by 15th of the preceding month.

Disclaimer : the editorial group accepts no responsibility for views expressed in any edition of Nut Tree. Nevertheless, we will try to be as factually accurate as possible and seek similar factual correctness from our correspondents.