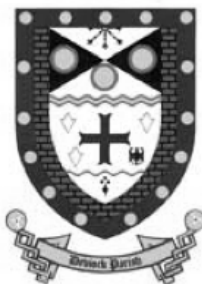


NUT TREE

April 2022 Volume 37 (1)



Nature Notes

Early morning in mid-March and my attention is drawn to the familiar, bobbing silhouette of a female Black Redstart on a roof. She is a winter visitor to our parts and will soon be migrating east. I am also looking out for summer visitors. There are already plenty of singing Chiffchaffs and the odd Blackcap, both short-distance migrants. I have yet to see Wheatears arriving from south of the Sahara, but they have appeared elsewhere in the county. It is too early for the first Swallow or the sound of a Cuckoo, those traditional harbingers of spring. These movements of birds, together with emerging flowers and the first bees, all help to confirm that the seasons are slowly changing. However, we can be certain that the numbers of some species will continue to decline. I remember breeding Swallows in the porch of the church and neighbours hosted them in their garage, but that is no longer the case. As for the Cuckoo, you have to go on to the edge of the moor to be sure of hearing them.

Migration is occasionally spectacular. I remember one early morning in April many years ago, standing on Rame Head being surrounded by Chiffchaffs and Goldcrests. They had arrived during the night and cloudy weather had caused this sudden arrival or fall as it is known. Within an hour or so the birds had spread inland. Someone arriving late would have been oblivious to the event. Last year a lull in poor weather enabled House Martins to feed in a sheltered valley on the edge of the village. For an hour they circled in pursuit of insects, then abruptly they moved on.

I am reminded that the phenomenon of migration itself was poorly understood by our ancestors. Some thought that birds changed into another form to explain their arrival or disappearance. Even the moon was regarded as a possible destination, because an

observer would note the great height that migrating birds could reach. Cuckoos are similar in profile to small birds of prey and there was a belief that they changed into hawks for winter. Another familiar theory was that Swallows spent winter under water or in crevices in caves and cliffs, even tin mines in the case of Cornwall.

Meanwhile, seafarers would have noticed that birds resting on ships were truly migrating. The advent of ringing birds confirmed this. More recently, tracking devices placed on birds are able to trace day-to-day movements of individuals. So, we can follow the route of a Cuckoo southward to the forests of central Africa and recognise when it starts to negotiate its return. While we can marvel at some of the distances which birds travel and the difficulties they face, even on arrival the changing climate may not be sympathetic to their needs. Recent storms will have played havoc with Guillemots and Razorbills for example, as they attempt to nest on precarious cliffs. For many newly arrived birds, the feeding of young and the availability of insects has to be synchronised. If climate change upsets this on a regular basis, birds will suffer. Nevertheless, we can continue to wonder at migration and be inspired by the success of each bird that successfully returns.

Alan Payne

Deviocck Parish Council

Forthcoming meetings in April (to take place at the Zone, Donderry Methodist Church):

- Full Council 14th April 7.30pm;
- Planning Committee 28th April 6.30pm.

Social distancing and reduced capacity will continue to apply. See Agendas for details prior to each meeting.

Emergency Plan: Further to the recent storms and power outage in Donderry, and mindful of the likelihood of increasing weather events in the future, the Parish Council will be developing a formal Emergency Plan and engaging with various groups within the community as part of the process.

Co-option: A vacancy has arisen in Seaton and will be advertised on our website and noticeboards.

Seaton speed visor: After liaising with Highways, a solar speed visor will be installed in Seaton in due course.

Flagpoles: The Parish Council will be purchasing two new flagpoles for Seaton.

Jubilee coins reminder: Please register your child's name via the Clerk if they will be 11 or under on 31st July 2022, do not attend St Nicolas school and would like a keepsake coin.

Planning: To comment on a planning application, search for 'cornwall council planning applications'. Any comments posted on the Cornwall Council site are viewed by the Parish Council. See Agendas for applications due for discussion at the next Planning Committee meeting.

As the Parish Office is remaining closed until further notice, please contact the Clerk via email if you have an enquiry (clerk.deviockpc@btinternet.com, Mon-Fri).

See the website at www.deviockparish.org.uk for Agendas and Minutes and any important announcements.

Karen Pugh, Parish Clerk

Deviock Parish Council Loan Fund

The Council provides interest-free loans (up to £1,000) to local organisations for specific projects (subject to terms and conditions). Please contact the Clerk or one of the Councillors if your organisation thinks it could benefit from this service.

St Germans Parish Council

A scooter has been thrown into the wooded area around the playpark in St Germans. This area is deliberately left untended; both to attract wildlife and also to provide a wild play area. It has a special surface which is made from recycled Formula 1 tyres in order to make a soft landing for any falls. It is expensive to maintain, and is inspected weekly. A scooter can damage this surface. In order that this area can be enjoyed by everyone for the future, please take care not to cause damage, and perhaps offer appropriate advice if you see anyone doing so.

The roads and lanes through our villages first appeared when vehicles were horse-drawn. They are not suitable for speedy drivers. Together with many other parishes in Cornwall, we are looking at proposals to calm speeding traffic through each village. A feasibility survey has been undertaken, and when we know the full options which are available to us we will ask for your views in a public consultation, which we very much hope will be before the end of this year.

We still have vacancies for 2 more councillors. Please contact our clerk Emily if you would like to think about joining us.

Councillor Patricia Pipe

News from County Hall



As always the Winter period is the busiest for councillors as the storms and weather bring extra pressures. During the recent storm I dealt with 14 trees and branches that fell as a result and across that weekend Cormac dealt with 609 incidents across Cornwall. We are lucky that there has been a number of tree works across the Parishes which will have helped. There have been a couple of flooding incidents from heavy rain and a meeting with Cormac and the Parish Council over the continued flooding in the long stay car park in Seaton - which will be having a survey and a solution may be in sight for this issue. There are a number planning problems in the Parish and I have worked with the Chairman of the council to find solutions to many of these.

Affordable and Social Housing is still a major problem in my area especially with families finding it hard to keep and find accommodation. As a member of the Tamar Bridge and Torpoint Ferry Committee I spoke and voted against the rise in tariffs by 30%. With the rise in rates, utilities and fuel, household incomes will be under pressure more than ever. Please contact me if you need help with any issue, my details are below.

*Councillor Armand Toms - Looe East and Deviock
Telephone 01503 264823 or 07565529565*

Public Transport Use survey.

The Parish Councils and other community groups in the general areas of Downterry, Seaton (Deviock), St Germans and Rame are working together to map out current and future public transport use. Whether you use public transport or not, if you live in the area covered by the Nut Tree, please help us with this important project by taking part in our survey. It will take up to ten minutes of your time and there is a draw for a first prize of £100.

The survey can be found via the following link <https://sgrug.onlinesurveys.ac.uk/transport-users-survey-go>, or by scanning the QR code below.

Paper copies are available in local shops. Many thanks



News from our Churches

It is really lovely to be telling you all about proper “in person” services for Easter this year – it will be so good to all get together to celebrate the Easter Story and Christ's Resurrection.

Easter (which is 15th - 18th April this year)

Palm Sunday – 10.00am Service of Communion & Palms at St Germans Priory.

Maundy Thursday – 6.30pm Service at St Nicolas Downderry.

Good Friday – 2.00pm Service of Reflection at Sheviock.

Easter Day – 10.00am Communion Service at St Nicolas Downderry.

10.00am Communion Service at Sheviock

10.00am Morning Prayer at Antony

6.30pm Easter Praise at St Germans Priory.

Enjoy your Easter Eggs and Easter break from school – and remember the reason we are celebrating!

Revd Canon Lynn Parker, parker30@hotmail.com

St Germans Methodist Church

On Easter Saturday, 16th April we will be holding our monthly Coffee Morning. As usual there will be a play area for young children to enjoy with mum/carer and also an Easter Egg hunt (hopefully outdoors!) for everyone.

On Easter Sunday we will celebrate with a service conducted by Rev Iris Bray, including Holy Communion. This will be at our usual time of 10.30am. Other Services will be held each Sunday at 10.30 and our Bible Study Group will meet on a Thursday at 11.00am. We will finish our Lent Course on the Thursday of Holy Week and begin looking at the Gospel of Luke on Thursday 21st April.

We look forward to seeing you.

Steve Gerrard

The Zone Downderry (The Chapel by the Sea)

Sunday April 17th at 3.00pm. This is our Easter Day Service with Holy Communion and will be led by the Rev Iris Bray.

Coffee Mornings every Wednesday between 10am and 11.30am. Come and join in the chat with others.



Elsa Guilfoyle

Community Messages

Chris Hickley has asked us to say "Thank you to all the kind friends and neighbours who got in touch during my stay in hospital. I am on the mend now and, oh, it's nice to be home. Thank you again".



Chris Hickley

Sue, Christina and Sharon Broad would like to thank everyone for their lovely support cards and flowers after the recent passing of Stephen Broad. It's been a very tough time but the love we have received has been amazing. Donations made to Quay Lane surgery reached £947.80. A special mention goes to David Watters for a beautiful service and The Beach House for putting on a lovely wake and lastly to you all for all your amazing and ongoing support.

With love from The Broad Family

Church Flowers at St Nicolas Church, Donderry



Flowers in Church are part of creation and the seasonal life of our worship. It is not often recognised but there is a definite ministry in doing flowers for all sorts of church occasions. This may be for festivals within the church calendar, flower festivals and weddings and funerals and other important family occasions that may be part of the church. Or it may simply be for the weekly flower rota.

St Nicolas Church, Donderry has a very small group of very experienced and skilled church flower arrangers who are only too willing to provide a service. However, this comes at considerable cost and so we have come to the decision that we must formalise what we can offer and make the costs quite clear.

We have prepared separate letters for weddings and funerals explaining all of this, to be given to the appropriate parties at the time of booking the church and there will be a list put up in St Nicolas for anyone to see.

Any monies raised will then go towards providing flowers and equipment for our own festivals which, of course, would not be otherwise charged. The weekly flower rota will continue as best we can and we will welcome anybody who would like to join us in this rewarding part of the life of the church.

If you have any queries or would like to be part of our team, please contact Pat by Email: paxpccv@googlemail.com or by telephone on 01503 250161.

Rev Laura Bushell Hawke

Quay Lane Surgery

Patient Participation Group (PPG)

The PPG volunteers are very much looking forward to assisting Quay Lane Surgery's Social Prescriber Jessica Hirons at the Drop-in Wellbeing Hubs. St Germans Drop-in Wellbeing Hub will be running alongside a new friendly group being set up by Sue Cousins at Eliot Hall on the 2nd Tuesday morning each month from 10.00am to 12.00 noon. Our first session with Sue will be on the 12th April. Donderry Drop-in Wellbeing Hub runs alongside the Deviock Activities Group with Sue Webster and we will be there on Monday 25th April from 1 - 3pm in the Zone (and on the last Monday of each month thereafter). News on the Menheniot Wellbeing Hub - coming soon. Look out for us too at the Soup and Pud days in Donderry - come along, and have a chat!

Let me introduce you now to the Reception Team at Quay Lane Surgery as we have invited them to write about their role and how it has changed considerably over the last few years. Receptionists have a complex and challenging part to play in the everyday running of the practice and this has been particularly so during the pandemic.

*Claire Croft,
PPG Chair quaylanepgg@gmail.com*

Hello from the Reception Team at Quay Lane Surgery!

As some of you may have noticed we have had lots of new staff join our Reception Team over the last few months, so we thought it appropriate to give you an insight into a normal day on Reception. We now have eight members of our Reception Team due to the increasing pressures and demands we are facing on a daily basis.

The Receptionist is the face of the practice and is normally the first point of contact or first face a patient sees when entering the building. We hope to give all patients a warm welcome with a friendly face and a positive attitude. During the pandemic the team have had to adapt quickly as the majority of contact has been via telephone. It has been hard to adapt to this way of working, for both the team and patients, and trying to maintain a friendly attitude has been difficult on occasion.

The Reception Team undertake many varied tasks during a normal working day from answering the telephone, booking appointments, signposting patients to the correct treatment pathway, dealing with general enquires and taking messages ensuring accuracy and detail, referring patients to other clinical teams like the District Nurses for our housebound patients.

There are also other tasks that need to be completed for patient care and for the practice to run smoothly and efficiently. These include calling patients in for routine check-ups for chronic disease, for example diabetes and asthma. They are also responsible for invoicing for private fees, making referrals for patients to hospitals, inputting data, checking e-mails, registering new patients and patients who are staying in the area temporarily.

The Team also undertake regular basic life support training and complete safeguarding training. The Doctors and Practice Manager are dedicated to developing staff knowledge and training to ensure the team is up to date with the most recent guidance, policies and procedures.

However, on a more serious note the amount of abusive telephone calls the team are receiving is increasing, we are not trying to be difficult or unhelpful we are just following the requests of the GPs, we are trying to help you all and direct you to the most appropriate clinician.

Thank you from the Reception Team 😊

Practice News

Whilst the country is starting to 'learn to live with COVID' the team at Quay Lane Surgery continues to remain bound by NHS Infection Control Guidance. It is vital that we keep our staff safe as they must continue to isolate if they contract COVID or live in a household with a positive case. This does mean that, on occasions, we are working with significantly reduced staffing levels. We kindly ask that patients do not attend the surgery for an appointment or to collect prescriptions if they have symptoms or have tested positive. We will continue to keep our patients informed regarding Infection Control Guidance and updated COVID vaccination programs via our practice website and Facebook site.

Debbie Todd, Practice Manager

Downderry Memory Café – could you help restart this group?

The Downderry Memory Café was closed with the rest of society at the start of the first Covid lockdown. Whilst local numbers of infections remain high, our villages and their many associated activities have or are reopening. The Downderry Memory Café will not reopen unless we can find someone to organise the sessions and its activities and lead the team of helpers who made the Café so successful and enjoyed before we had to shut up shop. Would you be interested in running this important and appreciated 'club'? If so, please contact Margaret (Margaret.sylvesterthorne@gmail.com) or Claire (clairemeg@btinternet.com) - the retiring President and retiring Secretary for further information.

Margaret Sylvester-Thorne

DaSRA - Donderry & Seaton Residents' Association

Ukrainian Refugee Crisis. In these early stages of what is Europe's largest refugee crisis since the Second World War, the need for humanitarian support is overwhelming. The immediate response to help is awesome, be it from government agencies, charities, or from local people. In our villages alone, there is a number of residents who want to offer practical help to Ukrainian refugees. Already a local network has been formed whose priority is to connect directly with Ukrainians who would like to come here, and then navigate the bureaucracy to make that possible. Anyone interested in being part of this, please do contact local resident, Leanne Spencer-Harper. email: leanneronk@yahoo.com Mobile: 07895804935 . In such a fast-changing environment, with unknown consequences, the need to respond appropriately will matter. DaSRA is geared up to provide ease of access to the latest local and national news and services. Information will be posted on www.dasra.co.uk; and facebook.com/groups/dasra

Emergency Planning. More than half of the village lost all power for 48 hours under the impact of Storm Eunice in late February, and many households were without broadband for many days after that. The impact of the storm showed dramatically how vulnerable we can be to a loss of vital utilities, and demonstrated the need for the community to prepare a strategy for dealing with future emergencies. DaSRA has begun discussions with Deviock Parish Council, which agreed at its March meeting to form a working group of key stakeholders to assist in drawing up such an emergency plan. More details to follow over the coming weeks.

Community Notice Board. The Notice Board sited near Donderry Stores has deteriorated over the years and was in dire need of being pulled down. Now it has been replaced by a modern one, and is there to be used by community groups, advertising their services. DaSRA has addressed the years of its neglect by taking on the responsibility for replacing and maintaining what is a powerful communication tool in the centre of the village. Funding was provided by Donderry and Seaton Community Fund and Deviock Parish Council, and from a donation from a resident for all of which we are very grateful. Regular donations from local people are adding to this local Community Fund which is administered by DaSRA to give our community an enviable resource to protect local community assets under threat. If you would like to know more visit www.dasra.co.uk/community-fund or speak to DaSRA's Chair, Laura Done on 01503 250911 or email info@dasra.co.uk

UltraFast FTTP Broadband. DaSRA Committee member, Caroline Frith with resident Caroline Walmsley, has received an update about the UltraFast (Fibre to the Premises) programme. Openreach have surveyors out in the area, assessing what resource is required, where additional work is needed and if this will require traffic management and/or road closures. This piece of the work does take some time; they currently have

a very small team on the ground due to the recent storms and 700 + properties to check, so don't be alarmed if you haven't seen them. It's likely that you won't hear any more from Openreach until late spring/early summer, but rest assured they are monitoring. Once they have feedback from their teams on the ground they will start making the requests for vouchers.

*Laura Done, Chair, DaSRA.
Email info@dasra.co.uk. 01503 250911. www.dasra.co.uk*

Neighbourhood Watch (NW) in partnership with DaSRA

Neighbourhood Watch is celebrating its 40th year and is now highly community focussed. Here in Donderry and Seaton (including the small hamlets within Deviock) we are working with our partners DaSRA and other local groups to strengthen community integration and resilience. During this last month, we have been reviewing what can be done in support of the Parish Council in the event of emergencies as well as assisting in bearing down on antisocial behaviour. On the theme of antisocial behaviour, dog fouling is on the increase and sadly this is not just visitors. At least one resident has been under the misapprehension that it is OK to allow a dog to foul in a lane! Hard to believe after all the notices and information and frustrations posted on our local social media. There is also no excuse for leaving a dog poo bag on the beach, on a pavement, in a tree or on a neighbour's wall, sadly all recent examples. Remember, the fine for dog fouling is £1500 and, if left in the bag, it is potentially an additional £1500 for the litter.

Aims of NW this year • raise crime prevention awareness • build more inclusive local networks • develop community cohesion • improve community environment and wellbeing. To this end, our local Community Flower Boat project is steaming ahead and is now with the County Council for formal approval as they own the land on which we want to site the boats. Should you wish to assist in any way please contact us.

Recent Warning: Thefts of oil are on the rise in our area. NW advise secure tanks with alarm if possible and watch out for neighbours' property'

Do you know the signs of child exploitation? Ask yourself, is a young person: travelling alone, particularly in school hours, late at night or frequently; looking lost in unfamiliar surroundings; anxious, frightened, angry, or displaying other behaviours that make you worried about them; in possession of more than one phone; carrying lots of cash; potentially under the influence of drugs or alcohol; being instructed or controlled by another individual; accompanied by individuals who are older than them; seen begging in a public space? If something doesn't feel right, don't wait, report it. Call the Police on 101 or, in an emergency, 999; or contact the independent charity, Crimestoppers online or 0800 555111 or call the NSPCC on 0800 800 500

Nigel Jones NW Coordinator - info@dasra.co.uk

Hessenford News

First of all, a future date for your diary as Hessenford is planning to play its own part in the celebrations for the Queen's Platinum Jubilee on Saturday 4th June. Ann Robinson is conjuring up plans together with other villagers so watch out for further details in due course.

Our Coffee Morning in March was very well attended and we got to know some more of our residents so we're looking forward to seeing you all again on 9th April.

It's obviously time too for a gentle reminder that there are two dog poop bins in the village which we would be grateful if people could use rather than leaving poop in the road or on the verges, especially up the valley road to Trebrownbridge and up Pig Lane. This is not only unpleasant, particularly when children walk in it, but also very lazy and an offence. The bins are situated at the bottom of the path to the graveyard on Church Hill and at the entrance to the Country Park on the Seaton Road.

If there's anything you'd like me to write about in future issues, please get in touch.

Fran Moore



Consultation into a new 90-mile Cornish Walking Route

Consultation is underway into the creation of a new 90-mile Cornish walking route, reaching from the South to the North Coast of Cornwall via the Tamar Valley Area of Outstanding Natural Beauty (AONB).

The project which forms part of the Tamara Landscape Partnership Scheme, funded by The National Lottery Heritage Fund, aims to join together existing rights of way in the Tamar Valley to create a footpath which broadly follows the River Tamar and establishes a new circular walk around the coast and county boundary of Cornwall.

Visitors will be encouraged to sustainably explore the Tamar Valley AONB; a hidden jewel in the South West. The proposed new trail will run through a special and protected landscape defined and shaped by the rivers Tamar, Tavy and Lynher, and by the human activity focused around them.

Sabina Eberle
t: 07522 709 302
e: sabina.eberle@cornwall.gov.uk

Downderry Bread and Babes

BREAD & BABES is a local parents/carers baby and toddler group. If you have a little one and fancy a cuppa and a chat plus craft, toys and bread making, come along and see what you think. We have plenty of toys, always have a craft to do and the bread, once cooked will be your little one's snack at the end.

In March we made St Piran's Day flags and some lovely Mothers' Day cards and gifts. For April we have Easter and St George's days crafts and breads planned.

We run every term time Thursday at The Coastal Zone, Downderry from 9.30 until 11.30am. First session is free then £3 per session per family after that. We have a Facebook group for more information or message us with any questions.

Michelle Davies

DeviocK Activities Group (run for local people by local people)

Table Tennis. Our popular weekly session runs on Wednesdays 6pm-8pm. Maggie welcomes everyone of all standards. We now have 3 tables so can accommodate more players.

Arts & Crafts. Following the success of our Taster session at the end of February we'll be starting weekly Arts & Crafts sessions from Monday 28th March 1pm-3pm £2.50. At the last session of each month we will be joined by the Social Prescriber and Patient Participation Team from Quay Lane Surgery, along with Rosie from Awenek Studio. This service is free.

At the Taster session we identified a number of projects people wanted to pursue including sewing, watercolours, weaving and fabric printing. We are looking forward to hearing more about what participants want to do and to running future demonstrations, tasters and short courses. Come along and tell your friends.

For more information, or with more ideas of activities you would like to see running, contact Viv Parker on parkerviv@aol.com or 250519.

Viv Parker

Downderry Community Bus 300 Club

The winning numbers for the March draw are

1st. No. 7 Mary Rogers £20. 2nd. No. 101 M&J Green £15
3rd. No. 49 Mark Hufton £10.



Thank you everyone for helping to keep OUR bus up and running.

Jo Woodley (01503250489)

Downderry and Seaton Village Hall

Membership - Please support the Village Hall by becoming a member or renewing your membership. Adult subscription is £8 and junior subscription £4 for 2022/23. Membership of the Village Hall entitles you to vote at the AGM, join a Village Hall Group (Badminton, Drama, Dramarama! (Children's Drama Group), Short Mat Bowls) and use the Snooker Room. You can pay online and more details are available on our website (www.downderryandseatonvillagehall.co.uk), posters around the Village Hall and at our fundraising events.

Coffee Morning Tuesday 5th April 10am to 12 noon - Come along for a chat and enjoy a hot or cold drink with Hot Cross Buns. Doors open at 10am until 12 noon and it only costs £2.00 per person (additional charge of £1 for Filter Coffee and 50p for Hot Chocolate made with milk). There will be a Book Stall and Raffle Tickets for that morning's draw.

Easter Quiz, Friday 8th April - If you've ever wondered what to do with all that knowledge and trivia stored in those little grey cells, then get those thinking caps on and have a fun and exciting evening. Tables are for groups of up to 6 and tickets cost £5 per person. The doors open at 6.30pm for 7.30pm start. There will be a licensed bar and raffle. To purchase tickets go to the Village Hall website www.downderryandseatonvillagehall.co.uk, telephone Mandy on 01503 250412 or come to one of our fundraising events.

Craft Fair Sunday 17th April - Come and support our many talented Crafters and buy some unique handmade pieces which you, your family and friends will love. Doors open from 10am to 2.30pm, free entry and refreshments available.

Easter Egg Hunt Monday 18th April for children 8 years and under living in Downderry or Seaton - Come to the Village Hall at 2pm and get instructions on where to find some hidden treasures which can then be exchanged back at the Village Hall for Easter Eggs.

Dates for your diary - special future events:

- Downderry and Seaton Associations and Groups Event - Saturday 21st May
- Community Event - Village Party to celebrate the Queen's Platinum Jubilee - Friday 3rd June (on St Nics Playing field)
- Midsummer Madness weekend - Friday 8th to Sunday 10th July (Friday Quiz, Saturday Music Night, Sunday afternoon - fun for all the family on St Nics Playing field)
- Art & Crafts Fair - Friday 22nd to Sunday 31st July.

*Mandy Smith
Secretary, Downderry and Seaton Village Hall*

Eliot Hall St Germans - Two New Activities

On 12th April there will be a new monthly Wellbeing Hub Drop-in at the Eliot Hall from 10 am to 12 noon. Come along for a cuppa and a chat. Will you drop by for a while to see what's happening, to get information or advice...? For mindful crafts, or digital help, or out of curiosity? To celebrate this first session we will have family friendly activities on hand for some Easter themed fun.

Jessica Hirons

On Tuesday April 26th - Connections will start in the Eliot Hall. This will be a Local History Group, which will involve reviving the Reading Room (ah yes, there used to be one). We can begin with questions, ideas for writing, and further reading...Not surprisingly, while the local Public Transport Groups Survey continues, the topic for our writing, reading and local history will be transport. Have you seen Frank Cressey's fine painting of our railway station? A good inspiration for memories. And hopefully a spur to filling in the Survey - online or on paper.

Sue Cousins

Table Top Sale Saturday 23rd April 10 am – 2 pm at the Eliot Hall

Spring is here and with it the traditional Eliot Hall Table Top Sale. Come along to pick up some bargains and meet up with friends. 20p entry – refreshments served throughout the day – pasties at lunchtime – raffle. Tables £7 - contact Peter Daw on 01503 230505.

Briony Woods

St Germans Thursday Club

We've worked out a full programme for the year ahead - with a meeting in the Hall and an outing almost every month.

We were sad to hear that Vera Allen from Tideford has died. Many club members will remember her.

On 14th April at 2:30 we'll be in the Eliot Hall St Germans. The topic is Health; we hope to have a speaker/discussion leader. If not, we can share our health hints and questions to put to the experts at a later meeting. Tea, biscuits and raffle as usual.

28th April - Outing to Par Market - Pick-up 10 am at St G Triangle. Please contact Trish Gregory - 230697 - for further info and to book for this trip. Places by preference to Thursday Club members.

New faces are most welcome; doors open at 2pm-ish, when you'll be able to join us in our exercise before the meeting begins.

All enquiries to our Chairwoman Jean Mills, 01503-230324

Sue Cousins

Downderry and Seaton Drama Group presents



**Adventure in Pantoland
in the Downderry and Seaton Village Hall
from Wednesday 27th to Saturday 30th April**

When the characters from pantomime return to their home in Pantoland, the Evil Witch casts a spell and makes them all forget their past. It's up to the Fairy to help them travel through six pantomimes to find the one where they truly belong. Come and watch some of your favourite Panto characters: Buttons, Cinderella, Dick Whittington, Dame Trott, Daisy the Cow and many more, as they perform some of their most memorable panto moments.

Tickets are Adult £8 and Children £4. To purchase tickets go to the Downderry and Seaton Village Hall website www.downderryandseatonvillagehall.co.uk, telephone Mandy on 01503 250412 or go to one of their fundraising events. On the night, doors open 6.30pm for 7.30pm start. There will be a licensed bar and raffle.

Downderry and Seaton Drama Group

Downderry and Seaton WI



Would you know what to do if someone collapsed in front of you, no pulse and not breathing? Do you know how to use a defibrillator? Do you even know where the defibrillator is in Downderry and Seaton?

Well, the next meeting we are having on Tuesday 12th April, at 2.30 p.m. in the Zone, will teach you how to resuscitate someone and use a defibrillator.

Important: This session is not just for members it is for anyone in the village.

If you are new to the village and want to know more about the WI, contact downderryandseatonWI@googlegroups.com . We are a friendly group and would love to meet you.

Maura Swabey

Simple ways to save the planet

Living beside a railway station, and having travelled extensively across Europe and into Africa and Asia by train, has meant that train travel has long been close to my heart. I am a great advocate for public transport, despite all its flaws, of which unarguably there are many.

One thing is absolutely true - we consistently underestimate the cost of running a car, which can be almost as expensive as shelter, and with current fuel prices, far more than food. And while public transport has its carbon cost, it is generally less than other types of transport, and the more of us that use it, the lower the footprint.

As I'm sure you know, I am chair of the St Germans and Area Public Transport Users Group and we are surveying the uses (and non uses) of public transport at the moment. We would be very grateful to hear from all residents living in Nut Tree land about your opinion. There is a cash prize of £100 to be won which will be awarded at random to a participant at the end of the survey. <https://sgrug.onlinesurveys.ac.uk/transport-users-survey-go>

What we are trying to establish is not just what works, but also what doesn't work. We are as interested in hearing from people who don't use public transport as those who do. What are the success stories? Where can you get? Where can't you get? What are the barriers? Are they physical, or financial? Are there alternative types of public transport we don't yet have in this country that should be explored? Do please let us know!

Do also please encourage your friends and family to do the survey. If you have picked up a flyer from your local pub or shop, please pass it on to someone else. The more information we have, the more power we have when it comes to negotiating with service providers and councils to get what we need. If you have a bit of time we do need helpers to spread the word. Please contact Alan on 01503 230106, as he'd love to hear from you.

Trains rarely take us to where we need to go, and this is where improved cycle-ways, more options for hiring bikes and cars at stations, and lift shares could be woven into an incorporated transport system.

One of the most commonly cited criticisms of public transport is cost. On the train there are ways of tackling this; a Devon and Cornwall railcard (available from manned train stations for £12, with proof of address) will knock 1/3 off your ticket price when travelling off-peak (any time after 9am). If you regularly travel with a partner or friend, then it's worth investing in a Two Together Railcard, available at railcard.co.uk. For the over 60s there's a Senior Railcard, as well as Family Railcard 16-25, and 25-30 Railcards, Disabled Persons Railcard and a Veterans Railcard. For exploring days out, then Devon and Cornwall Railways offer a variety of rovers, some including buses. Visit Great Scenic Railways to find out more - <https://greatscenicrailways.co.uk>

Of course one of the best things about public transport is meeting people. It's an adventure, and each time different; something that can never be replicated in a car. And adventure makes life fun! Which is often just the tonic we need.

Lizzy Stroud

St Germans Recycling for Charity

Our Recycling for charity collections at the Eliot Arms pub car park are still going strong and I must say I'm looking forward to the weather improving (March's collection being the first dry one for a while). Thank you to everyone who came out to drop off your items, particularly during February's rain, it's great to be able to get further use from them and support a charity at the same time. Slightly less people at March's collection than that of January and February so will be interesting to see what April brings.

I do take wrappers from chocolates, sweets and biscuits. The chocolates wrappers go together with sweets and biscuits are sorted separately. Chocolate biscuits tend to work best sorted into biscuits. A reminder of a few other things I can accept: Crisp packets (must be Walkers branded or have the word 'crisps' on), Snacks (nuts, prawn crackers, cheese puffs, tortilla chips, popcorn etc), Cleaning wipes, dishwasher and laundry pod plastic packaging, cheese wrappers.

There are many more groups of items I accept, details of which, alongside collection dates, are advertised on Posters, Facebook, and the website (<https://south-hill.co.uk/charity-recycling/>). If smaller packets are packed inside bigger packets (creating bricks of sorted items) we can pack them more easily and ultimately recycle more. It is really helpful if you can do this and it certainly puts a smile on my face.

Our next two dates are Sunday 10th April and Sunday 8th May - both 10:30-11:30. So, thank you again to all of those who drop items off with me. It's wonderful to see and be part of the difference we can all make.

Freddie Brasher

St Germans RNLI Branch - Soup and Pud Lunch

Monday 25th April 12pm to 2pm, at St Germans Eliot Hall, £5 each.

The RNLI is a charity funded by donations and like so many charities has struggled to maintain donation levels during the pandemic. The St Germans branch usually has a stall selling RNLI merchandise at events such as table-top sales and the St Germans Quay Sailing Club Gala, but during the pandemic these events could not be held. As a new event we shall be holding a Soup and Pud lunch, there will also be a raffle and RNLI merchandise available.

The St Germans RNLI branch is small group and we are always looking for new members, if you could spare a few hours a few times through the year to help finance the provision of the Lifeboat service, please contact myself Toni Dunmow (Secretary) on 07863 117630. If you could lend a hand with this event or kindly donate a raffle prize, again please contact me.

Toni Dunmow

Downderry Community Bus Timetable - April/May

DATE		DESTINATION	DEPART	LENGTH STAY	FARES SINGLE	FARES RETURN
<u>April</u>						
Tuesday	5	Plymouth	9.30 am	4 Hours	£3.00	£4.00
Wednesday	6	EXETER	9.30 am	4 Hours	£5.00	£8.00
Thursday	7	Liskeard	9.30 am	2 Hours	£2.00	£3.00
Friday	8	TOTNES	9.30 am	4 Hours	£4.00	£6.00
Tuesday	12	Plymouth	9.30 am	4 Hours	£3.00	£4.00
Thursday	14	Liskeard	9.30 am	2 Hours	£2.00	£3.00
Tuesday	19	Plymouth	9.30 am	4 Hours	£3.00	£4.00
Wednesday	20	TRURO	9.30 am	4 Hours	£5.00	£7.00
Thursday	21	Liskeard	9.30 am	2 Hours	£2.00	£3.00
Friday	22	PORTHLEVEN FOOD FESTIVAL	9.30 am	4 Hours		£10.00
Friday	22	Tea and Cakes at St Nicholas Church,		£2.00	3.00pm	
Tuesday	26	Plymouth	9.30 am	4 Hours	£3.00	£4.00
Thursday	28	Liskeard	9.30 am	2 Hours	£2.00	£3.00
<u>Excursions/Trips for May.....</u>						
Friday	6	LOOE	11.30am	3 Hours		£3.00
Friday	13	FOWEY FESTIVAL	9.30 am	4 Hours		£5.00
Wednesday	18	TRURO	9.30 am	4 Hours	£5.00	£7.00
Friday	20	TRAGO MILLS	9.30am	3 hours		£4.00
Friday	27	TAVISTOCK	9.30 am	return 3.00pm from Tavi		£6.00

TO BOOK SEATS TELEPHONE DOWNDERRY (01503) 250944 Mon-Fri 9.00am-5.00pm

St Germans & Area Public Transport Group

Trains. GWR have been given a direct award to operate trains for the next 6 years over their current area. This will lead into the establishment of the “Great British Railways” covering all the UK. Despite a cut in government subsidy, the 2019 timetable will be maintained in this area (see our timetable leaflet for the details) - and we plan to produce the 33rd issue of the timetable in May. Beginning on 15th May the Golden Hind will stop at Saltash as well as at Liskeard. GWR are keen to build better bus links between St Germans station and surrounding villages, providing what people need. They have given substantially towards the funding of our current Public Transport Survey, which we hope will lead to better integration generally of bus, train (and ferry) in SE Cornwall.

Buses. From 10th April there will be sweeping changes to bus services in these areas. We don't, at the time of writing, have the final timetables, but it looks as though the 75 service from Liskeard through Downderry to Torpoint remains largely unchanged. However, Crafhole and Portwrinkle lose their direct service to Plymouth (and so do some areas in or near Torpoint). The 71 becomes a service between Saltash and Derriford only, and it looks as though the service through Bethany is lost. Torpoint's bus service to Plymouth becomes largely hourly rather than half-hourly. There will be a new 75A service from Torpoint to St Germans and thence to Landrake, Saltash and Plymouth. That change looks useful, with buses from St. Germans to Plymouth at (we

think - all tbc): 0856, 1056, 1256, 1456 or 1535 (Saturdays/school holidays or school-days), and 1656. Buses from St Germans to Torpoint at 0851, 1051, 1251, 1451 and 1651 (Saturdays & school holidays) or 1721. But why doesn't it serve Craffhole as well?

A lesson here from the cuts is that buses can be withdrawn if they are not used - despite government pledges to support increases in public transport. So, if you haven't yet answered the **SURVEY**, make sure you do so. The on-line link is on an earlier page, or find a paper copy in Donderry Stores or St Germans Community shop. Tell us about your current journeys, the journeys you find difficult or impossible, and what public transport you'd like to see in the future.

Also, can you help? Some of the help we need is simply talking to people at the station and handing out surveys and leaflets. These can be picked up from the station. If this is something you could help with, then we would be very grateful.



**Public
Transport
Survey**

For all people in the
Rame Peninsula, Deviock
and St. Germans areas

Have your say!
from March to May.

Want better transport
connections for a better
future?

[https://sgrug.onlinesurveys.ac.uk/
transport-users-survey-go](https://sgrug.onlinesurveys.ac.uk/transport-users-survey-go)



St Germans & Rame Public Transport Groups
contact 01503 230106

*Alan Cousins 01503 230106
a.cousins345@btinternet.com*

Rita's Rota

April 2022 Dates

- 3** 10:00 Morning Worship SNCh
10:30 Sunday Service SGMC
- 4** 13:00-15:00 DAG Arts & Crafts CZ
- 5** 10:00 Holy Communion TC
10:00-12:00 Coffee Morning DSVH
Mobile Library
St Germans - Alms Houses 09:45 - 10:05
St Germans - Quay Road. 10:15 - 10:50
Downderry - Inn. 13:55 - 14:35
Seaton - Car Park. 14:45 - 15:05
- 6** 09:30 CB to Exeter CB
10:00-11:30 Coffee Morning CZ
18:00-20:00 DAG Table Tennis CZ
- 8** 09:30 CB to Totnes CB
18:30 Easter Quiz DSVH
- 9** 11:00-13:00 Coffee, Cake and Chat HCH
- 10 Palm Sunday**
10:00 Holy Communion SGPC
10:30 Sunday Service SGMC
10:30-11:30 St G Recycling EA
- 11** 13:00-15:00 DAG Arts & Crafts CZ
- 12** 10:00 Holy Communion TC
10:00-12:00 Wellbeing Hub EHSG
14:30 Defibrillator Training (DAS WI) CZ
- 13** 10:00-11:30 Coffee Morning CZ
18:00-20:00 DAG Table Tennis CZ
- 14 Maunday Thursday**
14:30 St G Thursday Club EHSG
18:30 Maunday Service SNCh
19:30 Deviock Council (Full) CZ
- 15 Good Friday**
14:00 Reflection Service Sheviok Ch
- 16** 10:00-11:00 Coffee Morning SGMC
- 17 Easter Sunday**
10:00 Easter Communion SNCh
10:30 Easter Service SGMC
10:00-14:30 Craft Fair DSVH
15:30 Easter Service CZ



Easter Sunday (Contd...)

- 18:30 Easter Praise SGPC
- 18** 13:00-15:00 DAG Arts & Crafts CZ
14:00 Easter Egg Hunt DSVH
- 19** 10:00 Holy Communion TC
- 20** 09:30 CB to Truro CB
10:00-11:30 Coffee Morning CZ
18:00-20:00 DAG Table Tennis CZ
- 22** 09:30 CB to Porthleven Food Festival CB
15:00 CB Tea & Cakes SNCh
- 23** 10:00-14:00 Table Top Sale EHSG
- 24** 10:00 Morning Worship SGPC
10:30 Sunday Service SGMC
- 25** 12:00-14:00 RNLI Soup & Pie EHSG
13:00-15:00 Wellbeing Hub CZ
13:00-15:00 DAG Arts & Crafts CZ
- 26** 10:00 Holy Communion TC
10:00-12:00 Connections History EHSG
- 27** 10:00-11:30 Coffee Morning CZ
18:00-20:00 DAG Table Tennis CZ
19:30 Adventures in Pantoland DSVH
- 28** 10:00 St G Thursday Club outing to Par
18:30 Deviock Council (Planning) CZ
19:30 Adventures in Pantoland DSVH
- 29** 19:30 Adventures in Pantoland DSVH
- 30** 19:30 Adventures in Pantoland DSVH

CZ Downderry Coastal Zone; CB Community Bus; DSVH Dderry & Seaton VH; PolH Polbathic Hall; EA Eliot Arms StG; EHSG Eliot Hall StG; HC H'ford Church; HCH H'ford Church Hall; SGMC St G Methodist Ch; SGPC St G Priory Church; SNCh St Nicolas' Church; SNS St Nicolas' School; TC Tideford Church; TRBL Tideford RBL Hall; WVH W'gates V Hall

Copy for Rita's Rota should be sent to nuttree.editor@yahoo.com by 15th of the preceding month. Happy Easter.

Rita



Nuttree.editor@yahoo.com

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