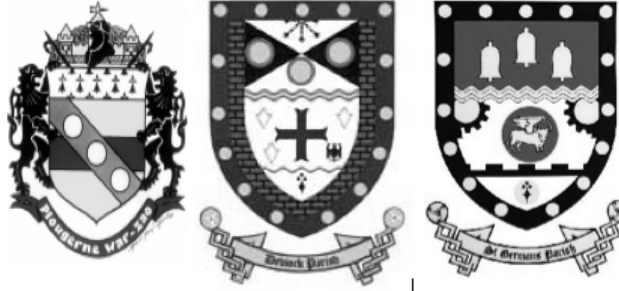


NUT TREE

July 2022 Volume 37 (4)



Nature Notes

Sitting in the garden one pleasant afternoon in March many years ago, my attention was drawn to a gentle snoring. Since there were no human candidates in the vicinity, I continued to listen and moved quietly towards the origin of the noise. At the bottom of a fence, protected by plenty of vegetation was a sleeping hedgehog. Pleasantly surprised, I left it in peace, but it had moved on the following day. Fast forward more than a decade later and I have not come across another hedgehog in the garden until a few days ago; despite the fact that barely a hundred metres away a neighbour has had frequent encounters with hedgehogs.

Outside one evening after dark, I hear some snuffling near the edge of the garden. I recognize the sound immediately and confirm the identity with a torch, trying not to be too intrusive. There are two cautious individuals who sense my presence, but have no idea how elated I am. Vision is poor so hedgehogs rely on smell. Perhaps having a new fence has been helpful, since this one has small gaps at the base and this enables the animals to move from garden to garden. I know that my neighbour has encouraged other residents to open up just a small gap at the bottom of their adjoining fences in order to facilitate movement. Slowly the network of hedgehog-friendly gardens is growing. Perhaps it should be a mandatory requirement of every garden.

I try my luck again the next evening at the same location. There is now a bowl of food. I hear the rustle of vegetation and a small individual emerges. It dithers on its path to the bowl, then completely ignores it. The following evening, I catch the sound of bristles rubbing against the foot of the fence and a different, larger hedgehog arrives. It pokes around, crunches at something and then gets to the bowl. This animal thoroughly enjoys the food and the next morning the bowl is empty.

Hedgehogs travel very widely, males more so than females, at least until the end of the breeding season. The range of each individual's movement will overlap with those of

others. Males do not defend territories like birds do and will not expend too much energy trying to defend their own patch. They may be a little defensive in their immediate surroundings, but do not defend an extensive area. There is some evidence to suggest that while some hedgehogs may visit your garden over many weeks or years, younger males, in particular, may turn up just once. So, you may have more visitors than imagined.

We are all aware that the population of hedgehogs has declined, so we can all do our bit to support them in our gardens. The vagaries of the weather, availability of nest-sites and food, predation and the use of pesticides have all hindered the survival of the animals. It is easy to think that frequent road-kills indicate a problem, but that can be too simplistic. More likely the fall in population owes more to farming practices and pollution. A larger, chemically-treated field reduces the amount of invertebrate food available, which may encourage animals to move to grass verges closer to roads. As for gardeners, there is no point putting out food for hedgehogs if we then treat our lawns with pesticides. It is also naïve to think that slug pellets will only kill slugs. As always, we have to consider the bigger picture, including links with our neighbours. The hedgehogs will appreciate our thoughtfulness.

Alan Payne

Deviocck Parish Council

Forthcoming meetings in July (to take place at the Zone, Downton Methodist Church): Full Council 14th July 7.30pm; Planning Committee 28th July 6.30pm. Social distancing and reduced capacity will continue to apply. See Agendas for details prior to each meeting.

Flagpoles: Two new flagpoles were installed at Seaton prior to Jubilee weekend, which allowed us to fly Jubilee flags for the occasion.

Jubilee Tree: The Parish Council has asked Cornwall Council for permission to plant a Jubilee tree in Downton memorial garden. Conversations are currently taking place regarding choice of tree, given the garden is exposed to the elements.

Millennium Benches: Having been restored by a local artisan, two of our Millennium benches have been installed in the countryside park overlooking the duck pond, with a further two located in the butterfly garden. We hope you will take the time to visit, sit and watch the world go by!

Cormac: A thank you to Cormac and the countryside team at Cornwall Council, who undertook the groundworks for the flagpoles and installed the Millennium benches.

Tanver Yate: The Parish Council is in the process of completing a Community Infrastructure Levy (CIL) Expression of Interest to apply for funding towards the development of recreation space in the field, to include storage. Planning permission had been received in 2021.

Planning: To comment on a planning application, search for 'cornwall council planning applications'. Any comments posted on the Cornwall Council site are viewed by the Parish Council. See Agendas for applications due for discussion at the next Planning Committee meeting.

As the Parish Office is remaining closed until further notice, please contact the Clerk via email if you have an enquiry (clerk.deviockpc@btinternet.com, Mon-Fri).

See the website at: www.deviockparish.org.uk for Agendas and Minutes and any important announcements.

Karen Pugh, Parish Clerk

St Germans Parish Council

Our clerk Emily was contacted urgently because someone had attacked a red oak tree at Treland Park with a saw. The tree had toppled and was leaning dangerously, so for safety reasons we had to arrange for the tree to be taken down. What a shame, when for environmental reasons we should be planting trees, not cutting them down! The police have been informed.

Our Vice Chair Alan, with other councillors, regularly attends meetings of the Safe A38 group. This is his update:

St Germans Parish Council and Safe A38 are clear that South West Cornwall needs a road that is fit for purpose.

Safe A38 want a road that will save lives and secure livelihoods for generations to come. Safe A38 believe the best option to achieve this is a new dual carriageway.

We are delighted that the long-awaited public consultation by National Highways has now begun. Information packs are available at St Germans community shop and at Kernow Mill. Please have your say. You can also attend a public meeting: Royal British Legion Tideford, 14th July 3 to 8pm; 15th July 9am to 12 midday.

The next Parish Council meeting will be on 25th July. 6.30pm at the Royal British Legion, Tideford.

Councillor Patricia Pipe

Deviock Parish Loan Fund

Deviock Parish Council provides interest-free loans (up to £1,000) to local organisations for specific projects (subject to terms and conditions). Please contact the Parish Clerk or one of the Councillors if your organisation thinks it could benefit from this service.



News from New County Hall

Dentist Provision for Cornwall. Back in December 2010 the NHS dentist in Looe closed its doors and the residents were left to seek their own dentist. Whilst some were lucky and got NHS dentists nearby, many were scattered to surgeries from Tavistock to Bodmin and the majority to private practices. Also, in 2010 a dental school opened at Treリスケ Hospital in Truro to train dentists. This school trains enough dentists to keep Cornwall over-supplied with dentists, but many choose to move away when they complete their training. This leaves 65 dental practices in Cornwall - if averaged over the population this is over 8k patients per practice. As readers will know, the population of Cornwall is struggling financially with 395k of residents in the most 50% of deprived wards whilst only 161k are in the least 50% of deprived wards. In January 2021 there were 31,496 on the waiting list for an NHS dentist and in February 2022 there were 37,059 - a large increase. The lead officer in the SW for dentistry is working hard on this issue but from the figures above more needs to be done. Solutions are needed to keep newly trained dentists in Cornwall. We need more practices for NHS dentists and these can be run by other NHS organisations like Cornwall Foundation Trust and even a Primary Care Network, whilst the Senior Leadership Team at Cornwall Council should be supporting any initiative to bring NHS dental provision to Cornwall. As a member of the Health Scrutiny Committee at Cornwall Council I will continue to keep this important item on the agenda and keep fighting for more NHS dental provision for Cornwall. <https://www.nhs.uk/nhs-services/dentists/how-to-find-an-nhs-dentist/>

Protests. I see there is a new protest group 'Tamar Toll Action' angry about the 30% raise in tolls for the Tamar Bridge. In my view they have a valid point as there is much talk about levelling up and whilst the toll bridges in Wales and Scotland have had their tolls removed those in England have not. There are around 600 people in the Liskeard and Looe areas who travel to Plymouth to work each day and it has a direct impact on their income. There will also be a protest about the high increases in the fuel price on the 24th of June again at the Tamar Bridge at 5pm which is sandwiched between the rail strikes on the 23rd and 25th of June.

Your Hedge. Just a reminder, be a good neighbour if your hedge abuts a footpath it should be kept clear for 3m on the boundary of your property that adjoins the path. If it is a highway, it should be 5m clear at the edge of your property. This allows for vehicles to pass safely.

Councillor Armand Toms

News from our Churches

June saw a busy time for our churches, full of joy and celebration with the Jubilee and the Church's celebration of its own birthday - Pentecost - all coinciding on the same weekend. Thank you to all who supported the events such as the Messy Church at St Germans, complete with picnic as well as the Jubilee Lunch at Donderry as well as the Pentecost services.

July sees our churches full with weddings and baptisms, as well as events on Sea Sunday (10th July). Do keep an eye on our Facebook page *St Germans – The Priory* and our website stgermansparishes.com for all the latest details.

We are still working on our plan for South East Cornwall for the next decade, looking at how we do mission and ministry in the 21st century. More details will emerge in due course.

Finally, our Rector, Revd Canon Lynn Parker will be retiring this summer. Revd Lynn's last service as Rector will be on Sunday 28th August at Sheviok.

God Bless,

Revd Laura Bushell Hawke
Curate, St Germans Group with Antony and Sheviok
RevLauraBH@gmail.com

The Zone Donderry - A Fresh Expression of the Methodist Church



Sunday July 10th 3pm - Communion Service with the Reverend Jonathan Budd from Saltash.

Wednesday Coffee Mornings are held weekly 10.00 am until 11.30 am. There is plenty of room for you to join us for coffee and chat. Please do come along.

Elsa Guilfoyle

St Germans Methodist Church

Following a very successful Jubilee Celebration in the form of an Afternoon Tea our thanks go to Donna and her team for their wonderful effort in making it a thoroughly enjoyable afternoon for everyone who came.

July brings more celebrations in the form of our Church Anniversary on the weekend of the 9th July. On that day there will be a strawberry cream tea from 14.30 until 16.30. Everyone is most welcome. There is no charge but donations towards costs will be gratefully received.

The following day is our Anniversary Service conducted by Professor Noel Morgan.

Our monthly coffee morning is on the 23rd July from 10.00 to 12.00. Please come and join us. No charge but donations will go to our charity of the month The Barnabus Fund.

Our usual services are at 10.30 each Sunday morning when we look forward to welcoming you.

Steve Gerrard

Sally Willcocks' Service

Terry and family would like to thank all those attending Sally's funeral on 25th May and all her friends who were unable to attend and those forwarding messages of sympathy.

People have been extremely generous in contributing donations to the Cornwall Air Ambulance and the RNLI which amounted to a staggering £500 which has been equally shared between the two worthy charities.

From all of Sally's family and friends thank you so much for your support. Many, many thanks,

Terry and family

St Germans Gardening Club

The St Germans Gardening Club is alive and well. On Sunday 17 July at 3pm we are visiting the South Lea Gardens at Pillaton near Liskeard PL12 6QS. Homemade teas are available at the gardens. New members are very welcome. More info at www.stggc.uk

Roger Whitehead

Tideford Royal British Legion

The RBL at Tideford welcomes you all to our community coffee morning, to be held on the 4th July at 10.30 to 12 noon with fresh coffee and delicious cakes on offer. Thank you for your continued support, it was good to see you all last month.

All proceeds to the poppy appeal for St Germans and Tideford Branch of the Royal British Legion.

Linda Davidson

Downderry Community Bus - 300 Club

The lucky winners for the month of June: 1st. No. 73 Tony Guilfoyle £20 2nd. No. 142 Mandy Smith £15 3rd. No. 25 Clare Glynn £10. Thank you everyone for supporting our bus

Jo Woodley (01503250489)

Quay Lane Surgery

Patient Participation Group (PPG)

A warm welcome awaits again at the community Wellbeing Hubs where we are supporting the work of Jessica Hirons - the Social Prescriber at Quay Lane Surgery and Volunteer Cornwall.

The PPG can provide patients with information and a better understanding of the services available at Quay Lane Surgery. We can demonstrate how to access the practice website, E-Consult, talk about Patient Access and explain more about LIVI appointments.

We will be fundraising again at the Coffee and Cake event in St Nicolas Church Downderry on Saturday 2nd July from 10.30am -12.30pm

The Wellbeing Hubs:

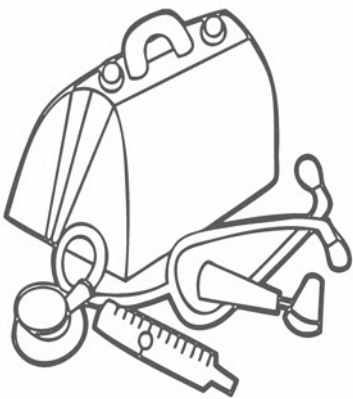
St Germans - Eliot Hall. 12th July 10.00 - 12.00 noon

Menheniot - The Old School. 19th July 10.00 - 12.00 noon

Downderry - The Zone. (with Deviock Activities Group) 25 July 2.00 - 4.00pm

Claire Croft, PPG Chair quaylaneppg@gmail.com

Practice News



We said goodbye at the end of June to Dr Thomson; we would like to wish her well for the future and may she have a long and happy retirement.

We say hello to Dr Ayla McCamphill-Rose, Salaried GP and Dr Obi, Remote GP, who will be joining the team in July. Dr Ayla will be working on a Tuesday and Thursday all day at the main surgery and Dr Obi will be offering a telephone consultation clinic every Friday.

You may have noticed, when ringing the surgery, that we have recently had a new telephone system installed giving the practice greater functionality. All inbound and outbound calls are now being recorded for training/quality and monitoring purposes. With the easing of measures, we would kindly ask that patients do not attend the surgery if they have COVID symptoms or test positive. Anyone attending the practice with respiratory type symptoms should wear a face covering.

Debbie Todd, Practice Manager

DaSRA - DOWDERRY & SEATON RESIDENTS' ASSOCIATION

Community Notice Board. An apology to all those wanting to put up posters on the board in the centre of DOWDERRY in recent weeks. Within a couple of days of each other, the two latches being turned to open the front door broke away - first the top and then the bottom latch, rendering the door impossible to open. "That's never happened before" says the manufacturer, so it does not hold spare parts. It is awaiting delivery of new latches from France. At the time of writing this copy, no firm delivery date has been set, but we will do all we can to have it repaired as soon as possible. It is so disappointing, especially as we have had such positive comments about the Notice Board.

DeviocK Neighbourhood Development Plan. We know that many residents are interested to hear more about the priorities identified in the Parish's plan which is currently in the final stages of review before its publication. While we must stress that it is unlikely that the formal review will be finalised by mid-July, and therefore the final plan will not be available, we do think that DaSRA's AGM gives an ideal opportunity to present residents with some background to the submission of the plan, in preparation for its forthcoming publication. Only then will the key policies be detailed for analysis by the community ahead of a local referendum. Our Parish and County Cllrs cannot yet confirm the publication date, but as there will be much to consider in adopting the Plan, perhaps a greater understanding of how the Plan was compiled will be useful to residents. We appreciate the Cllrs' agreement to join us at **DaSRA's AGM which will be held at the Village Hall at 7.00pm on Monday 18th July.**

DaSRA Membership. DaSRA is run by residents for residents, and our Annual General Meeting gives subscribed members the opportunity to vote for residents to serve on DaSRA's Management Committee. It is important for a residents association to have the stated support of residents in representing them on matters that impact the wider community and signing-up enables a direct line of communication. We welcome contact with residents, whether it is to highlight a specific concern, like the construction of a holiday-let-business in the centre of the village without planning permission, or more generally, to seek or share information. Membership details are on our website. Joining leaflets are available next to the DaSRA Post Box in DOWDERRY STORES. Do please consider membership if you have not already done so.....we do need you!

Laura Done, Chair, info@dasra.co.uk www.dsasra.co.uk

Neighbourhood Watch in partnership with DaSRA

It was good to meet some of our long-standing supporters and recruit some new members at the DOWDERRY and SEATON Village Groups meeting last month. Whilst we appreciate that we live in a low crime area, it is by supporting each other we can nip problems in the bud before they become a real crime. We are fortunate to have some police officers living in our midst and their support is gratefully received when on-duty officers are unavailable due to higher priorities. One of our concerns is speed through the villages. Speeding is high on the priority for both County and Parish Councils and following a recent accident in a 20 mph zone close to St Nicolas



School I am investigating Community Speed Watch. If anybody is interested in becoming part of a speed watch team, please get in touch via info@dasra.co.uk

By the time you read this the Memorial Garden Flower boat should be in commission with thanks due to all those who have assisted in getting her afloat.

Heads up - Malware is a catch-all term for any type of malicious software designed to harm or exploit any programmable device or network and a current one to be aware of is racking up high phone bills for victims. Named SMSFactory, it infiltrates Android phones and uses trickery to hide itself on the device so the victim is unaware of the damage being done. So, what to look out for and what preventative measure to take: This malware sneakily taps money from victims by sending premium text messages (SMS) and making calls to premium-rate phone numbers undetected. One version is also capable of extracting victims' contact lists, spreading the malware further. The malware is disguised as an app which people can download and the malware relies on the user forgetting about the app on their phone so they are unaware of the financial damage until they receive their phone bill. Tips on how to avoid mobile malware like SMSFactory : 1. Stick to official app stores. 2. Install an antivirus on your mobile device 3. Remain vigilant and remain cautious when downloading new apps, 4. Disabling premium SMS features – or at least setting a limit – significantly limits the potential impact of campaigns like this. This step is especially important on children's phones. For a more detailed description of this malware, visit our Neighbourhood Watch page on <https://www.dasra.co.uk/neighbourhood-watch>.

Nigel Jones, Neighbourhood Watch Coordinator info@dasra.co.uk

St Nicolas Church Events

Charity Coffee and Cake Morning , Saturday July 2nd St. Nicolas Church, 10.30-12.30 There is no entrance fee, donations welcome . We hope our regular charities will also be there with their stalls of lovely goodies which often include Fair Trade, Quay Lane Patient Participation Group and the WI. If you would like a stall for a registered charity please contact Sandra Pearce by email at smpearce25@btinternet.com or by phone on 01503-250798. There is no set charge for a table, just a donation.

Community Lunch. St Nicolas Church Wed 13th July Noon. All are welcome to join in our regular lunch and chance to catch up or meet new friends. Do try it if you have never come. It's a great way to meet folk and discover all sorts about the village if you are newly moved here or just visiting. We would especially love to welcome any of our Ukranian friends who have newly arrived 😊 There is no fee, Donations welcome. If you have any queries just call Sandra on 01503-250798 or contact the coordinator by email to smpearce25@btinternet.com.

Sandra Pearce

Hessenford News

It's been lovely to see lots of villagers celebrating the Platinum Jubilee last month and hope you're looking forward to joining in the fun at the Fete and Duck Race on Saturday, 6th August.

Tickets for the Duck Race will be available soon. On the day there will be various stalls, games for the children and a re-match of the Tug of War between the Hessenford and Copley Arms teams. The fete will start at 2pm and the Duck Race will start around 4.30pm.



Coffee, Cake and Chat mornings in the Hall will be taking a break until the second Saturday in September (10th). We look forward to welcoming you back.

Did you know that for some years the graveyard in Hessenford has been registered with the Cornwall Living Churchyard Scheme, in conjunction with Cornwall Wildlife Trust. This is to preserve it as a sacred eco system. No pesticides are used and the grass is only cut once the flower seeds are set. This is to ensure that the birds, reptiles, plants, insects and bats can thrive. A colony of rare ground nesting bees are registered along with some original native plant species. If you get the chance, take some time out to just sit on the bench at the top of the graveyard or in the memorial garden halfway up the path. Take in the view and tranquility.

Don't forget the classical and folk music at Jopes Mill on 2nd and 3rd July from 4pm to 8pm. Check out their website www.jopesmill.co.uk for more details if you haven't got your tickets already.

Fran Moore

St Germans Thursday Club

Summertime, and the Thursday Club is out and about.

On 26th May, there was a full Community Bus for our trip to the Otter Nursery. Everyone had plenty of time to relax and browse. This trip has been a perennial favourite. The next trip was an afternoon visit to Looe and Hannafore - very much enjoyed, despite some raininess. The cafés are a delight.

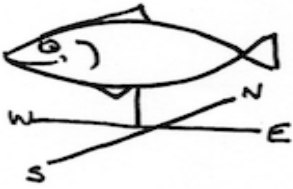
Looking ahead - on 14th July we meet in the Eliot Hall at 2:30 pm, doors open at 2pm. As the grand song by Henry VIII goes: "Pastime with good company". This is ever the case when good friends get together. Our Friendship Club has been gathering for nearly a half-century - amazing! Always tea and biscuits and a raffle. At this meeting we will also decide the destination for our July outing on the 28th July.

Do you want to join us? Come to the meeting in the Hall, when we will be discussing our forthcoming outing to Hayle, maybe, or to somewhere for sure, on Thursday 28th July. Bookings for the outing by phoning Jenny Putt on 01503-230766. The details have yet to be decided.

Enquiries please to our Chairwoman Jean Mills 01503-230324.

Sue Cousins

Downderry and Seaton Village Hall Events



Coffee Morning Tuesday 5th July 10am to 12 noon - Come along for a chat and enjoy a hot or cold drink with scones and cream. It only costs £2.50 per person and there will be a Book Stall and Raffle Tickets for that morning's draw.

Midsummer Madness Quiz Night Friday 8th July - If you've ever wondered what to do with all that knowledge and trivia stored in those little grey cells, then come along and have a fun evening - and win those prizes! Tables are for groups of up to 6 and tickets cost £5 per person. The Village Hall doors open at 6.30pm for 7.30pm start. There will be a licensed bar and a raffle on the night.

Midsummer Madness Music Night Saturday 9th July - Dance the night away to Rocksea. If you haven't seen them, then you are in for a real treat! Also performing is The DerryAirs who are known for their shanties, stories and an eclectic mix of popular songs. Tickets cost £6 (Adults only). The Village Hall doors open at 6.30pm for a 7.30pm start. There will be a licensed bar and a raffle on the night.

To purchase tickets for these events go to the Village Hall website www.downderryandseatonvillagehall.co.uk or telephone Mandy/Keith Smith on 01503 250412.

Midsummer Madness Afternoon of fun for all the family on St Nicolas School's playing field Sunday 10th July - The fun starts as soon as the gates open at 2pm. There will be lots to keep you busy with many traditional attractions, stalls, entertainment by Shot in the Dark DJ and Children's entertainer and Cornish Groove Collective. There will also be a licensed bar, BBQ, Fancy Dress Competitions (Best Single up to 6 years of age, Best Single 7 to 14 years of age, Best Group up to 14 years of age, Best Single or Group over 14 years of age, Best Family Group) and tug-of-war. An afternoon not to miss!

Art & Crafts Fair Friday 22nd to Sunday 31st July - Fridays and Saturdays 10am to 6pm and all other days 10am to 4pm. All tables are booked so please come and support our many talented Artists and Crafters and buy some unique handmade pieces which you, your family and friends will love. Entry is free, all are welcome, including dogs on leads.

See our posters around the villages, the Village Hall website at www.downderryandseatonvillagehall.co.uk and our Facebook group for more details about these events.

Coming soon - Free WiFi, Movie Nights and Matinees for children.

Mandy Smith



Downderry and Seaton

Another busy month for D&S WI. The Platinum Jubilee found our members and their spouses celebrating at the home of Mrs Pat Paxton. Pimms flowed and the food was wonderful, we even had our own version of the Jubilee Trifle. At the monthly meeting we learnt more about Fowey and the surrounding area.

The Broads Yard garden and the Boat in Seaton are looking wonderful with the rain and sunshine. Thank you for all the lovely feedback and comments we have received, it makes it all worthwhile.

The next meeting will be an open meeting and will take place as usual at The Zone on Tuesday, 12th July at 2pm. Our speakers for July are Jessica Hirons (the Social Prescriber Link Worker at Quay Lane Surgery and Rame Group Practice), Jayne Roycroft (Community Maker at Volunteer Cornwall – East and Claire Croft (Lay Member of the East Cornwall Primary Care Network and Chair of Quay Lane Surgery's PPG). They will be talking about Drop in Wellbeing Hubs, particularly about the one in Downderry and about how the NHS Social Prescribers and Volunteer Cornwall are now working together within the East Cornwall Primary Care Network. Please come along and meet with them.

Looking forward to the summer the WI have lots to look forward to. We will be at the Midsummer Madness in July, where we will be supplying the villages with cake. Not forgetting the local pooches of course; yes, my delicious Homemade Liver Cake will be available! May even have a little extra something for them... We have our annual summer party in July and some of us can be found regularly swimming at our local beaches. Contact details - Julie 250047 or email downderryandseatonwi@gmail.com .

Julie Green

Hessenford W.I.

Our June meeting was well attended even though our numbers are down following the pandemic. Our long time member Marie Bersey, who is a qualified flower judge showed us how to make a traditional Victorian posy. They are made in a dome shape beginning with the leaves. Fascinating and difficult but many members made lovely posies including Helen Gilbard and Jayne Gazur. Our next meeting is a walk at Mount Edgecumbe on the afternoon of July 5th at 2p.m. Meeting there on the Terrace. Please ring me if you would like to come.

Angela Thorpe - 01503 241058

Seaton Community Butterfly Garden - Volunteer Morning

Monday 11th July 10.00 for approx 2.5 hours - or as long as you can make it. The Butterfly garden needs a lot of tending at the moment, things need to be trimmed back, grass dug out, ivy pulled, bindweed, and the sticky stuff too, so If you have some time on Monday 11th July, we would love some help to tackle the garden.

Don't worry if you don't know anything about gardening, we help each other out on what needs being done, and there's a range of things which only need very light work. Your own sturdy shoes and gardening gloves, are all that is required, if you have some light tools of your own, it would be good to bring along. Just turn up and you will be welcome, if you want to call me first 250293, please do so.

Heather Thomas

Downderry Bread & Babes

Bread & Babes have done lots of summery crafts in June, our little ones have done a great job giving them all a go. With the sun coming out more now we plan to do more activities in the garden. Come and join us! Bread & Babes is a local parent/carers baby and toddler group. If you have a little one and fancy a cuppa and a chat plus craft, toys and bread making, come along and see what you think. We have plenty of toys, always have a craft to do and the bread to make - once cooked it will be your little one's snack at the end. We run every term time Thursday at The Zone, Downderry, PL11 3LY 9.30am to 11.30am. First session is free then £3 per session per family. We have a Facebook group for more information or message us with any questions.

Michelle Davies

St Germans & Area Public Transport Group

The Public Transport Survey. Thanks to everyone who took part in the Survey - those who worked to encourage people to take part, those publicising it, and all the people who filled it in. Over 400 of you did so. Early counts show that in order to get a good spread it would be very useful if more 20 to 30-year olds take part as well. It's not too late - <https://sgrug.onlinesurveys.ac.uk/transport-users-survey-go>. Similarly, it would be good to get a few more entries from people who define themselves as unpaid workers or unemployed. If you know someone in one of those categories, perhaps mention this to them. Contact me if you want a paper version. We'll now be working on analysing the information and writing a report.

Public Transport Group AGM. Early notice that you should put Tuesday 11th October, 6 p.m. in your diaries for the first public AGM we've had for 2 years. It will be in St Germans Methodist church, and there will be a buffet supper to celebrate the occasion. Representatives from GWR and Go Cornwall Buses will be there.

Tracking Buses and Trains. A reminder that it's very useful to get real time information about buses and trains. You can find where your bus is at any time by

looking at <https://bustimes.org/services> and searching for the bus you want. You'll be able to find a map for your route which will give you the real time location of your bus - e.g. <https://bustimes.org/services/75-torpoint-crafter-hole-down-derry-liskeard> - and similar for the 75A. For train users use <https://www.realtimetrains.co.uk> to get information about particular stations and trains.

A38 Trerulefoot to Carkeel Safety Package. Highways England are in the middle of a survey about the above proposals - this continues until July 22nd. You'll find brochures about it in local shops, or put in the above heading to find it online.

Alan Cousins 230106

Deviack Activities Group (DAG) (all at The Zone Donderry)

Arts and Crafts Group. Weekly Craft Café on Mondays: bring your works-in-progress, come for a crafting surgery or try one of our taster activities £2.50 inc. refreshments. The Wellbeing Hub from Quay Lane Surgery attend every 4th Monday, offering free advice. Contact Sue for more information: webstersue62@gmail.com.

July 4th – 2-4pm Craft Café (Please note the new timing)

July 11th – 12.45-2.45pm Craft Café + Watercolour Workshop with Awenek Studio
(10 places - pre-booking required)

July 18th – 2-4pm Craft Café

July 25th - 2-4pm Craft Café + Wellbeing Hub

Summer Event. August 15th 1:30pm to 4:30 pm. £10. Print Workshop with Louise Nichols – prebooking required via webstersue62@gmail.com.

Table Tennis – Weekly sessions 6-8pm Wednesdays. £3.00 including refreshments. We have all the equipment you need... Everyone welcome; all abilities and none! There is also some informal coaching available for the next few weeks - for more information please contact Maggie via magiluv2sing@gmail.com.

Sue Webster

Grand St Germans Book Sale - Eliot Hall Community Centre - Saturday 17 September

We're getting ready for the return of our popular annual Book Sale. We welcome donations of small quantities of books (in good condition) which you have read and would like to share with others. The following always sell well - fiction, poetry, cookbooks, gardening, local interest books, biographies, self-help, lifestyle, health, arts and crafts, as do jigsaws, children's games and board games. Please - no encyclopaedias! Please contact 01503 230096 or 01503 230106 to arrange to drop off your donations prior to the day of the sale or, if necessary, we can arrange collection. We will not be accepting donations on the day of the sale.

Briony Woods

Downderry Community Bus

Services and Excursions during July 2022

DATE		DESTINATION	DEPART	LENGTH STAY	FARES SINGLE	FARES RETURN
July						
Friday	1	LOOE	11.30am	3 Hours		£3.00
Tuesday	5	Plymouth	9.30 am	4 Hours	£3.00	£4.00
Thursday	7	Liskeard	9.30 am	2 Hours	£2.00	£3.00
Friday	8	TAVISTOCK	9.30 am	return 3.00pm from Tavi		£6.00
Tuesday	12	Plymouth	9.30 am	4 Hours	£3.00	£4.00
Thursday	14	Liskeard	9.30 am	2 Hours	£2.00	£3.00
Friday	15	TRAGO MILLS	9.30am	3 hours		£4.00
Friday	15	Garden Party.... Afternoon Tea		St Nics	3.00pm	£5.00
Tuesday	19	Plymouth	9.30 am	4 Hours	£3.00	£4.00
Wednesday	20	TRURO	9.30 am	4 Hours	£5.00	£7.00
Thursday	21	Liskeard	9.30 am	2 Hours	£2.00	£3.00
Tuesday	26	Plymouth	9.30 am	4 Hours	£3.00	£4.00
Thursday	28	Liskeard	9.30 am	2 Hours	£2.00	£3.00
Friday	29	Cornwall Lavender Farm, CarnBargus	9.30 am	£7.00 Entry Incl Tour and Cream Tea		plus £10 bus
Excursions/Trips for August.....						
Friday	5	LOOE	11.30am	3 Hours		£3.00
Friday	12	TOTNES	9.30 am	4 Hours	£4.00	£6.00
Wednesday	17	TRURO	9.30 am	4 Hours	£5.00	£7.00
Wednesday	17)Fireworks		Leave 8.00pm both days		£3.00
Thursday	18)competition from Mount Edgcumbe				£3.00

TO BOOK SEATS TELEPHONE DOWNDERRY (01503) 250944 Mon-Fri 9.00am-5.00pm

Our Friends of the Bus garden party on the 15th July will be in St Nicolas Church Gardens. It's a proper afternoon tea with sandwiches and cakes etc. £5. 3.00pm

Heather Thomas

Air Combat in Hessenford!

On a late evening at the end of May, The residents of Hessenford were treated to a special experience: Having got settled in comfy chairs and accompanied by a slight hum, a large silver screen rose up - as if from the grass; The audience were then issued with headphones to keep up with the music and dialogue. They were treated to a showing of "Top Gun" the original 1986 film starring Tom Cruise and Meg Ryan; without interruptions. Fancy! sitting under clear night skies lit only by the stars - and have the combat aerobatics of the American Naval Pilots for your attention... A lovely evening! Thank you all for your company and the experience.

Dug Parry

Late News - Ukrainian Refugee Support Group (more next month)

Our new Ukrainian residents are settling in well with their hosts and have been warmly welcomed by our lovely community. We do have a few needs - if residents can help in any of these areas, we'd love to hear from you. Bikes for a 5 year old boy and a 6

year old girl: summer wetsuits or beach gear for children aged between 5-11; laptops that can be refurbished (all donated laptops have been very gratefully received). Could a local driving instructor be willing to offer driving lessons? Thank you to all those residents who have offered lifts so that they can get to job centre appointments, medical appointments, etc. when their hosts have been unable to provide one! We are still hoping to deliver a basic English class locally. Many Ukrainians are still in need of UK sponsors. Check our Facebook page and village notice boards for more details. If you can help in any way, please contact Leanne Spencer-Harper: 07895 804935 or leanneronk@yahoo.com.

July 2022 Dates

- 1 11:30 CB excursion to Looe
- 2 10:00 St Germans Messy Church (SGPC)
10:30-12:30 Coffee & Cake Morning (SNCh)
- 3 10:00 Morning Worship (SNCh)
10:30 Sunday Service (SGMC)
- 4 10:30-12:00 TRBL Coffee Morning (TRBL)
14:00- 16:00 DAG Craft Café (CZ)
- 5 10:00-12:00 Coffee Morning (DSVH)
10:00 Holy Communion (TC)
14:00 H'ford WI Walk (Mt Edgecumbe)
- 6 10:00-11:30 Coffee Morning (CZ)
18:00-20:00 DAG Table Tennis (CZ)
- 8 11:30 CB excursion to Tavistock
19:30 Midsummer Madness Quiz (DSVH)
- 9 14:30 Anniversary Cream Tea (SGMC)
19:30 Midsummer Madness Music (DSVH)
- 10 10:00 Holy Communion (SGPC)
10:30 Anniversary Service (SGMC)
14:00 Midsummer Madness Fun Day (SNS)
15:00 Communion Service (CZ)
- 11 10:00-12:30 Seaton Butterfly Gardening
12:45- 14:45 DAG Craft Café (CZ)
- 12 10:00 Holy Communion (TC)
10:00 – 12:00 Wellbeing Hub (EHSG)
14:00 D&S WI (CZ)
- 13 10:00-11:30 Coffee Morning (CZ)
12:00 Community Lunch (SNCh)
18:00-20:00 DAG Table Tennis (CZ)
- 14 14:30 St G Thursday Club (EHSG)
15:00-20:00 Safe A38 Consultation (TRBL)
19:30 Devjock PC Full Meeting (CZ)
- 15 09:00-12:00 Safe A38 Consultation (TRBL)
15:00 CB Garden Party (SNCh)
- 17 10:00 Holy Communion (SNCh)
10:30 Sunday Service (SGMC)
15:00 St G Gardening Club Visit (Pillaton)
- 18 14:00- 16:00 DAG Craft Café (CZ)

- 19:00 DaSRA AGM (DSVH)
- 19 10:00-12:00 Wellbeing Hub (Menheniot)
10:00 Holy Communion (TC)
- 20 09:30-30 CB excursion to Truro
10:00-11:30 Coffee Morning (CZ)
18:00-20:00 DAG Table Tennis (CZ)
- 22 10:00 Arts and Craft Fair (DSVH)
(Daily till 31 July)
- 23 10:00 – 1200 Coffee Morning (SGMC)
- 24 10:00 Morning Worship (SGPC)
10:30 Sunday Service (SGMC)
- 25 14:00-16:00 Wellbeing Hub (CZ)
14:00- 16:00 DAG Craft Café (CZ)
18:30 St Germans PC Meeting (TRBL)
- 26 Mobile Library:
St Germans - Alms Houses 09:45 - 10:05
St Germans - Quay Road. 10:15 - 10:50
Dowderry - Inn. 13:55 - 14:35
Seaton - Car Park. 14:45 - 15:05
10:00 Holy Communion (TC)
- 27 10:00-11:30 Coffee Morning (CZ)
18:00-20:00 DAG Table Tennis (CZ)
- 28 St G Thursday Club visit (tbc)
18:30 Devjock PC Planning Meeting (CZ)
- 29 09:30 CB to Cornwall Lavender Farm
- 31 10:00 United Benefice Service (Shevjock)
10:30 Sunday Service (SGMC)

CZ Dowderry Coastal Zone; CB Community Bus; DSVH Dderry & Seaton VH; PolH Polbathic Hall; EA Eliot Arms StG; EHSG Eliot Hall StG; HC H'ford Church; HCH H'ford Church Hall; SGMC St G Methodist Ch; SGPC St G Priory Church; SNCh St Nicolas' Church; SNS St Nicolas' School; TC Tideford Church; TRBL Tideford RBL Hall; WVH W'gates V Hall

Copy for Rita's Rota should be sent to nuttree.editor@yahoo.com by 15th of the preceding month.

Disclaimer : The Editorial Group accepts no responsibility for views expressed in any edition of Nut Tree. Nonetheless we will try to be as accurate as possible and desire similar factual correctness from our correspondents.