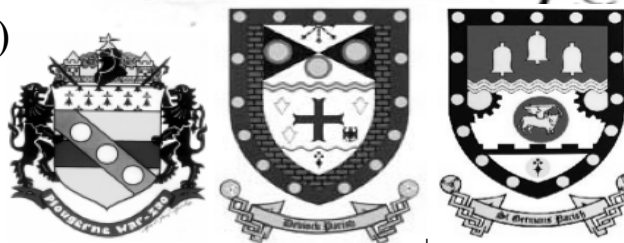


# NUT TREE

March 2023 Volume 37 (12)



## Nature Notes

Stepping away from the path and looking beyond the immediate cover of surrounding vegetation can bring immense rewards. In this afternoon busy with walkers, I watch for sudden movements in trees across the river. A few ivy leaves move and there is a Redwing feeding on berries. Then a tiny bird high in the canopy draws my attention. It is restless, hovers fleetingly and keeps disappearing behind branches. Soon the Goldcrest reveals itself, even allowing a moment to focus on its yellow crown. The closeness of the trees gives shelter from the easterly wind and the sun is able to penetrate the leafless branches, raising the temperature just a little for our smallest bird. Another bird joins it, behaving similarly, but I quickly realize that this is a Firecrest, the close relative. It is fractionally larger and sports a white stripe above the eye and an ochrous patch on the side of the neck. Thankfully, this minute beauty flies across the river and feeds on a low branch within a few metres. Then, in a second or two, it has gone.

Further along the path, I come to a pond, rather overgrown and from a distance quite uninteresting. Something makes me take a closer look and I walk to the edge, casting my gaze towards the unshaded area hidden from the path. A small, white object moves jerkily across the surface, a small feather, perhaps. Then the surface is full of white reflections and they are noisy – croaking frogs! I count over sixty individuals and I assume that most are males since I cannot see any pairs. One frog enters the pond from the surrounding grass and wants some of the action. I creep closer and the frogs go quiet and most dive. There is plenty of spawn and the frogs are wading through it. I leave them in peace and return to the path.

Further along, at the next pond, I hear a rare sound emanating from the reeds. It is loud and resembles a squealing piglet. The call is repeated, then stops and does not restart. This is the voice of a Water Rail, a secretive aquatic bird with a long, red bill. It frequents marshy vegetation and is very difficult to see. It does not breed here but arrives as a very uncommon winter visitor, having flown through the night. I walk around the side of the pond and stand quietly in the hope that the bird leaves the sanctuary of the reeds. It rarely flies in the day, but if I am lucky it will scurry

across a gap in the vegetation. Patience is essential, but this time I wait in vain for some minutes. The rail remains hidden. Nevertheless, in a couple of hours I have had three welcome encounters with wildlife just metres from the path, but beyond the gaze and attention of most walkers.

*Alan Payne*

## **Deviocck Parish Council**

There will be two meetings in March: Thursday 9<sup>th</sup> (Full Council) and Thursday 23<sup>rd</sup> (Planning Committee). All meetings take place at the Zone, Donderry Methodist Church; social distancing and reduced capacity will continue to apply. See Agendas for details prior to each meeting.

Devolution: Devolution discussions have resumed with Cornwall Council, with a view to devolving certain assets in Donderry and Seaton to the Parish Council.

Community housing: The Parish Council has applied to the National Lottery for a grant to enable a viability survey to be carried out on a piece of land in Donderry earmarked for community housing.

Coronation weekend: Coronation weekend plans have been announced by the Royal Family. The Coronation Service will take place on Saturday 6<sup>th</sup> May. On Sunday 7<sup>th</sup> May, a Coronation Big Lunch is encouraged at local level, “at which neighbours and communities are invited to share food and fun together”. On Monday 8<sup>th</sup> May, “members of the public will be invited to take part in The Big Help Out, which will encourage people to try volunteering for themselves and join the work being undertaken to support their local areas”.

Planning: To comment on a planning application, search online for ‘cornwall council planning applications’. Any comments posted on the Cornwall Council Planning site are viewed by the Parish Council’s Planning Committee. See Agendas for applications due for discussion at the next Planning Committee meeting. For any other Parish Council business and news, go to our website at: [www.deviocckparish.org.uk/](http://www.deviocckparish.org.uk/).

The Parish Clerk can be contacted Mon-Fri by email at [clerk.deviocckpc@btinternet.com](mailto:clerk.deviocckpc@btinternet.com). The Parish Office at the Vestry in Donderry is open to the public on Wednesday afternoons, 2pm-5pm (01503 250052).

*Karen Pugh, Parish Clerk*

## **Deviocck Parish Council Loan Fund**

The Council provides interest-free loans (up to £1,000) to local organisations for specific projects (subject to terms and conditions). Please contact the Clerk or one of the Councillors if your organisation thinks it could benefit from this service.

## **Seaton Changing Places Toilets Groundworks**

Deviocck Parish Council is progressing with preparations to install a Changing Places Toilet facility in the Countryside Park following the award of central government funding at the end of last year, and is now looking for contractors to quote for drainage and foundation works. Any interested parties should have public liability insurance. For further details, please contact Cllr Croft by email at [jcroft.deviocckpc@gmail.com](mailto:jcroft.deviocckpc@gmail.com) or, to request a tender pack, please email the Parish Clerk at [clerk.deviocckpc@btinternet.com](mailto:clerk.deviocckpc@btinternet.com).

## **St Germans Parish Council**

We are delighted to say that work to renew Tideford Playpark is now under way. If all goes according to plan, the work should be completed before the end of April. Unfortunately, we have had to arrange for 5 car parking spaces to be taken out of use in the car park and also to move temporarily the British Heart Foundation bin in order to allow access for all the equipment. Obviously these will be replaced as soon as possible. We hope to arrange an official opening of the park, with refreshments. Keep a lookout for the date in next month's Nut Tree. Many congratulations to the councillors and Tideford residents who have worked so hard towards the playpark.

You may have heard that, subject to final confirmation and, (of course), finances, Cornwall County Council intends to introduce a rolling plan to instal 20mph speed limits in appropriate areas. At the moment St Germans is pencilled in for next year.

This month's Parish Council meeting is on Monday 27th March in the Eliot Hall starting at 6.30 pm.

*Councillor Patricia Pipe  
Ward Councillor for Bethany, St Germans Parish*

## **News from New County Hall**

I know from my workload that the cost of living and housing crisis is putting much pressure on many families. It has also hit local businesses with rises in energy costs of between 170% and 300% which is pushing prices to maintain financial stability. These are tough times with rates and business rates rising about 5%, household energy bills rising and the list goes on. My wish is that you will support local businesses and trades to help them through these troubled times.

As many of you will already know, new car parking charges are being considered with both Looe and Seaton being in Band A which means the doubling of some charges. This will hit residents and visitors alike and my fear is that many will park in residential areas causing many more problems. A consultation will be carried

out from the 2nd March to the 23rd March 2023 by Cornwall Council on these proposals. I will make sure that when the consultation starts it will be on all the local social media sites. All I ask is that you make your feelings known; either for or against.

Currently on the best information I can find there are about 600 residents who travel from the Liskeard/Looe area to work in Plymouth daily. The costs of using both the bridge and ferries to cross the Tamar recently went up to by 30%. It is now further proposed to ask government about raising these charges yearly by RPI. With much of our health needs delivered in Derriford these extra charges hit us all. I would appreciate your comments on this proposal as it is important to get residents view. My email address is [cllr.armand.toms@cornwall.gov.uk](mailto:cllr.armand.toms@cornwall.gov.uk). Please contact me on any matter via my email and telephone numbers below.

*Councillor Armand Toms - Looe East and Deviock  
01503 264823 or 07565529565*

## **News from our Churches**

The emergence of Spring has been a delight to watch as it unfolds in our various churchyards, but also a reminder that we are hurtling towards Easter! We are now in the season of Lent, a time when Christians remember, through prayer and discipline, the forty days that Jesus endured in the desert. Many people choose to give up something for Lent, but I wonder what you might choose to take up instead? Perhaps a daily discipline that will enhance your life, Lent is an ideal time to take up that daily walk or to learn to begin your day with Prayer – the free app Lectio 365 is highly recommended!

Our services for Holy Week and Easter are published below, but do also keep an eye on the *St Germans Church – The Priory* Facebook page for weekly reflections throughout Lent.

### Holy Week and Easter Services:

2<sup>nd</sup> April Palm Sunday, 10am St Nicolas Downderry

Monday 3<sup>rd</sup> April 10am, Online

Tuesday 4<sup>th</sup> April 10am Online

Wednesday 5<sup>th</sup> April 10am Online

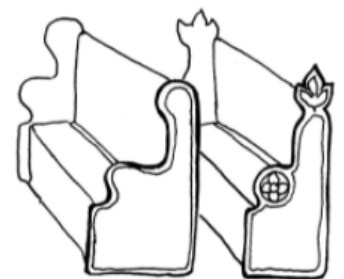
Maundy Thursday 6<sup>th</sup> April 6.30pm St Nicolas Downderry

Good Friday 7<sup>th</sup> April 2pm St Mary's, Sheviock

Holy Saturday 8<sup>th</sup> April 10.30am Church Care & Hot Cross Buns, St Germans

Easter Day, Sunday 9<sup>th</sup> April Sunrise Service, Craffhole - details to be announced

Easter Day, Sunday 9<sup>th</sup> April 10am with the Bishop of St Germans at St Germans



*Revd Laura Bushell Hawke - 01752 851187  
Curate, St Germans Group with Antony and Sheviock*

## **St Germans Methodist Church**

Hello from St Germans Methodist Church. Our services this month are held, as normal at 10.30 each Sunday. This is with the exception of Sunday 12th March when we will be joining our friends at Donderry, The Zone, for their service at 3.00pm led by Mrs Helen Burke.

Our Coffee Morning this month is a Coffee and Cake Morning on Saturday 18th March from 10.00 until 12.00. No charge, but contributions to Turkey and Syria Earthquake Fund. Please come along to help support the people of these two countries.

*Steve Gerrard*

## **Donderry Bread & Babes**

Bread & Babes is going to be celebrating all sorts of things in March from St David's with Bachelde Welsh bread to International Seal day with seal shaped bread. We've also got some crafts to match including Easter crafts and bread chocolate wreaths to finish the month off.

We are a group where you can enjoy some quality time with your 0-4 year olds in a structured yet nurturing environment and join in with baking, crafts, imaginative play, gardening and making new friends for you and your child. The Zone is a beautiful space to play in. We extend play sessions into the garden whenever we can (complete with sea view!)

We're delighted that Bread and Babes is one of the Warm Welcome activities being offered at The Zone this winter. The money was awarded by Volunteer Cornwall to Deviock Activities Group (DAG) and means we can do 'pay as you can' for Bread and Babes sessions (normal cost is £3 per family) until the end of March 2023. If you're finding the winter hard, and need somewhere warm and welcoming to take your little one, come and join us on Thursdays (term time) from 9.30am - 11.30am. Sessions include bread (homemade) + toppings, tea/coffee and craft materials. First session is FREE so no excuse to not give us a try. We have a Facebook group for more information or message us with any questions, Bread and Babes Donderry play group, email [breadandbabes@gmail.com](mailto:breadandbabes@gmail.com) or phone 07817945374.

*Michelle Davies*

## **St Germans Gardening Club**

On Wednesday 15th March; 7pm for 7:30pm, we have a talk from "Mike the Plantsman" on "Something for the Spring". Mike is a former teacher and nurseryman. If you are thinking of joining our club, no gardening experience is necessary, so why not come along.

*Roger Whitehead*



# QUAY LANE SURGERY

## Patient Participation Group (PPG)

Not all patients are able to access information online or see the practice website, so we thought we would bring some of this valuable information to you in the Nut Tree.

The Community Gateway - The Gateway is open from 8 am to 8 pm, seven days a week, 365 days a year. It has been formed in response to increasing living costs and pressures across the health and care system in Cornwall and the Isles of Scilly. This unique partnership of more than 50 voluntary organisations has been working with NHS Cornwall and the Isles of Scilly Integrated Care Board, to offer ongoing support to communities across the Duchy. The Community Gateway is a dedicated telephone line available for everyone and provides access to a wide range of professional, voluntary sector support and services. It will provide a 'gateway to independence', working with people to identify needs and put appropriate packages of support in place.

People can access the Gateway via a dedicated telephone line (01872 266383), and email address: [gateway@ageukcornwall.org.uk](mailto:gateway@ageukcornwall.org.uk) to speak to trained staff and find local support that's right for them. In addition, staff members in the community will be available to offer one-to-one and group support.

*Claire Croft, Chair* [quaylaneppg@gmail.com](mailto:quaylaneppg@gmail.com)

## Practice Information

**Tests and Results - Please ring Reception on telephone 01503 230088 after 10am** (results will not be given out before 10.00 am due to the pressure on the telephones before this time):

- Blood Tests please wait 1 week before telephoning for results
- X-Rays please wait 10-14 days before telephoning for results

The receptionist will pass on a message from the GP or nurse if a result is outside the 'reference range' or requires further action. Blood tests often produce results outside the 'reference range', we often repeat these tests to establish if there is a problem or not. If a result is sufficiently abnormal to cause any immediate medical concerns the doctor will contact you themselves. If a doctor wants to discuss a test result where there is no significant level of concern, they may ask reception to book you in for a routine telephone call.

**Tests ordered by Hospital Consultants:** These results do not return routinely to the practice but to the consultant ordering them. It is the consultant's responsibility to act on the results and to let you know the results. If you have not been given the results you should telephone the consultant's secretary. If you do not have their telephone number the hospital switchboard will be able to put you through.

**Hospital Waiting lists** are not within our control – Quay Lane Surgery cannot influence, chase or speed up hospital appointments, even if we have referred a patient. Contact from us will not expedite when you will be seen, as the hospital triages all appointments. Please do not ask to speak to a GP regarding expediting a hospital appointment unless your condition has significantly changed since you were initially referred. Anyone waiting for a hospital appointment, operation or treatment, can now access the NHS My Planned Care Patient Digital Platform: <https://www.myplannedcare.nhs.uk/> As well as giving you advice and support whilst you prepare for your appointment the service also gives information about waiting times.

*Debbie Todd, Practice Manager*



Over the last year or so, DaSRA has become aware of examples of construction works, often related to noise, that have been causing some nuisance and annoyance among our residents. Recently on Facebook, a complaint about hammering noise connected with construction early in the morning was causing real annoyance to residents. Other examples have resulted in unexpected road closures with no prior warning to neighbours. These incidents could be avoided if more consideration is given to minimise any adverse impact that building works are having on the local community. Is it time for all residents to develop and adopt a village Code of Conduct for local building contractors and residents? Would you like to help draft such a document? Why not come and talk to us on the DaSRA stall at the Associations Event at the Village Hall on 25th March 2023 or email us, anytime, at [info@dasra.co.uk](mailto:info@dasra.co.uk)

The generosity of local residents continues to provide support for our local Liskeard and Looe Food Bank including Rame & Torpoint. This fundraising initiative was launched at a successful pre-Christmas Whitsand Harmony concert. Donations can still be made via DaSRA's Postbox in Downderry Stores. Funds raised in Downderry & Seaton have totalled £3,162. Raj Chotai, DaSRA treasurer, is working closely with the Food Bank team to identify priority items. By bulk-buying he has already increased the value of goods bought by 31%. A monthly purchase plan is proving to be an effective approach, as it enables the Food Bank team to rely confidently on the supply of household goods that are in greatest demand. In February, Raj spent £498.90 and bought goods with a retail value of £725.22. In total, to date, purchases have totalled £1,680 with a retail value of £2,528. We hear of the continuing need for Food Banks nationally, and we know that local families are benefitting directly from the Liskeard and Looe Food Bank, so we are appealing to residents to donate, as they feel able, with cash/cheques via the DaSRA Postbox in the shop or by bank transfer. Full details, including a breakdown of monthly donations and expenditure on purchases delivered to the Food Bank, are on DaSRA's website, [www.dasra.co.uk/campaigns/liskeard-looe-food-bank-support](http://www.dasra.co.uk/campaigns/liskeard-looe-food-bank-support), or contact [info@dasra.co.uk](mailto:info@dasra.co.uk). Thank you.

DaSRA's Artists Calendar 2024. Once again, we will be celebrating the work of our local artists in our next calendar for 2024, so we would love to hear from residents of Donderry and Seaton interested in contributing their paintings; [info@dasra.co.uk](mailto:info@dasra.co.uk) This will be the fourth calendar we have produced, and with a print run of 250 copies, we know that the paintings get to be hung on walls around the county, the country and beyond. If you would like your artwork to be included in next year's production, do get in touch and we will send you the brief. The subject matter of paintings should reflect the local environment - landscapes or seascapes of Donderry, Seaton and the surrounding area - and we would need the pdf/jpg to be sent to us by 1st May. In last month's Nut Tree we raised the possibility of focusing our annual calendar on photography. We have decided to do that in 2025, and thereafter, we will alternate between paintings and photographs. More details of the photography calendar will be announced in the coming months.

DaSRA Membership. DaSRA's first Membership Scheme came into effect in April 2021 and since then we have attracted some 115 household members - a reasonable start but still less than a quarter of the potential. The role of all residents' associations is to represent the interests of local households within a defined area, and this is most effectively undertaken when residents are actively engaged in matters directly impacting on their local environment. For details of membership, do look at our website [www.dasra.co.uk](http://www.dasra.co.uk) or pick up a leaflet at Donderry Stores. We look forward to hearing from you, at any time.

*Laura Done, Chair, DaSRA 01503 250911*

## **Neighbourhood Watch in partnership with DaSRA**

Fraudulent Vehicle Tax demands by emails: Donderry and Seaton Neighbourhood Watch has been passed a copy of a fraudulent email which was sent to a local resident using his personal email address. It purports to come from Driver and Vehicle Licence Support - govuk-dvla-regtax- with an email added - 4@willes.... and seeks payment by debit or credit card. It looks authentic and is designed to create worry that a car is no longer taxed. If you receive one of these malicious phishing emails, please forward to [report@phishing.gov.uk](mailto:report@phishing.gov.uk) which enables the national Cyber Security Centre to take down the site and avoid other people falling foul to this scam. Please also be aware that scammers are highly likely to target the good will of those wishing to donate to the Earthquake disaster emergency appeal. Stay alert! Information on this and more full news including top tips on home security see NW newsletter which can be found on our website.

Cyber Crime. Three major predictions for 2023: 1. Ransomware will become an increasingly serious problem 2. Scams will continue to be a favourite method for cyber criminals 3. Cybercrime as a business will become even more sophisticated.



How to protect yourself against scams 1. Research companies and websites before buying. No matter how urgent the offer may seem, or how badly you want the item or service, do your research first. 2. Pay with a credit card or trusted payment processor. Compared to debit cards and bank transfers, credit cards are far more secure. 3. Avoid unknown links and downloads. Scammers can use attachments and websites to infect your computer with malware. 4. Keep personal information to yourself. Many websites ask you to answer a series of security questions in case you need to recover your password. Remember which information you've set as security measures, and don't share it. 5. Secure yourself online. If a website offers twofactor authentication, use it. It's not bulletproof, but it's better than nothing. Use strong, unique passwords on the websites you frequent, and store them more securely with a dependable password manager.

To join Neighbourhood Watch and get all this information and more go to [www.ourwatch.org.uk/knowledge-hub](http://www.ourwatch.org.uk/knowledge-hub) or contact me via [www.dasra.co.uk](http://www.dasra.co.uk) or email [info@dasra.co.uk](mailto:info@dasra.co.uk).

*Nigel Jones Neighbourhood Watch Co-ordinator*

## **St Germans Thursday Club**

The St Germans Thursday Club's 50th Birthday Party was deliciously reminiscent, with photos, news clippings, and amusing anecdotes of discovery ranging back over the years. Not really "seems like only yesterday" but more a case of some truly surprising feats of memory! Perhaps all the edible treats that folk brought to share helped to keep the memories coming...

One special guest related her excitement at travelling (some years back) with the Thursday Club to St Erth - unknown to her, and having no special significance - until it was revealed as the launch point for the train around the bay to St Ives. Since then it has been for her a place oft visited and always well enjoyed.

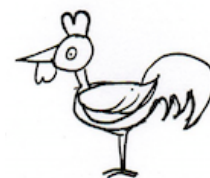
Our two March meetings will be on the 9th and on the 23rd, each at 2:30 pm in Eliot Hall. We will be putting together our programme of future Club activities. Bring your ideas and wishes. The annual membership remains just £10. Visitors, potential new members welcome. Enquiries to Jenny Putt, 01503-230766.

*Sue Cousins 230106*

## **Recycling for Charity March and April dates**

I am continuing my monthly collection of packaging from various items sorted by category (see previous Nut Trees, online and posters). I can now confirm dates further in advance again so I am pleased to say the next two collections will be at Eliot Arms Pub Car Park, St Germans on Sunday 19th March AND Sunday 23rd April between 10:30-11:30. I hope to see you with more sorted items in March.

*Freddie Brasher*



Whilst sitting at the dining table writing this, numerically a year older than I was writing the last article, large single malt whiskey to hand, listening to the relaxing music of Einaudi, I contemplate the goings on over the last month. Without wishing to tempt fate, the torrential rain we were experiencing has subsided and Noah's Ark remains docked at Treluggan Boatyard for now, but is on standby. I assure you sailing to the pub for refuge will not be an issue, should we need to. If it happened on a 6 Nations day, that would save me having to explain to the wife why I have 2 pints of Tribute in my hand!!!

The answers to the question in the last issue were Sidney Alfred Clark, Ernest Nichols and George Stone. I noticed that George Stone's headstone, although not tended to by the CWGC, is remarkably well looked after. To whomever is tending the grave, thank you and well done.

Did you know that we have a radio DJ in the village? I did not until last week and was amazed, excited and impressed all at the same time. So, on Sundays at 7pm, turn the tv off, tune into Radio Looe, put your feet up and be prepared for some laughs and good music. That leads me nicely to the quiz question for this month - who is our resident on the airways?

Now last year, we celebrated the Platinum Jubilee of Her Majesty the Queen and later in the year, mourned her when she died. May 6<sup>th</sup> this year is the Coronation of His Majesty King Charles III. I have heard a number of people ask if there is anything going to happen in Hessenford to mark the occasion. Now bearing in mind many people have only lived under the reign of the Queen, this will be a first Coronation for many of us and also a chance for those who lived under King George VI's reign, to regale us with stories of how the nation came together, whilst we as a village look to do the same this year. For anything to happen, there will need to be coordinated and joint effort to get this moving. Ann Robinson has offered to host an initial meeting at her house, for all those with ideas, suggestions or even just the urge to help in any capacity at all, to have a momentous day. The meeting will be at Lowena on Church Hill, on Saturday March 4<sup>th</sup> at 11am.

If there are things you would like to see or inspirations you have, then perhaps this is a chance to put your stamp on such an auspicious occasion (talking of stamps, I am on one of the £1.85 stamps circulating at the moment by the way). This is a fantastic opportunity too, to make amends with neighbours, get to know others and celebrate all things British together. While you mull that over and put the dates in your diaries, I have put a stopper in the whiskey and bid you farewell, until next time or the next village Coffee, Cake and Chat in our Church Hall on the 11<sup>th</sup> March from 11:00 - 13:00.

*James Parkinson*

## Simple Ways to Save the Planet

What an uncharacteristically wintery winter we had this year. One thing I noticed is how much later our snowdrops were to flower. The same was true of our daffodils and crocus. Between hard frosts, temperatures soared. One day saw the thermometer going from minus five to mid teens in a few hours. This is problematic for wildlife, which wakes up thinking spring is here, only to find no food and to be greeted by the return of an often fatal hard frost a few weeks later.

The 2019 State of Nature report says that since 1970 41% of all UK species have declined. There is no doubt that modern agricultural practices have played a large part in this, but so too has the changing climate. Spring has moved forward over the last few years. A recent study by the Met Office has estimated the growing season is now a month longer than it was between 1961 to 1990, as autumn is delayed and spring is earlier.

I would love to believe one cold winter was a sign things are returning to 'normal' However looking at statistics we can see that the 10 hottest years since records began have all occurred since 2002. We've also seen more extreme weather events, and greater flooding. There have of course been exceptions throughout history. We had a little ice age between the 17th and 19th centuries and a great storm in 1703 that caused thousands of deaths. But freak events do happen. It is the frequency of these events that is important. A graph of the temperatures throughout the ages still shows fairly small fluctuations in temperature, from -0.5 to 0.5 until the middle of the twentieth century, after which we are presented with a hockey stick effect when suddenly the graph rises quickly upwards.

What can we do? Firstly we really do need to stop burning fossil fuels and reduce our mileage for food, for clothes, for holidays, for white goods, for everything. We need to start using what we already have in the system by buying secondhand and mending. We need to help wildlife in ways we can; planting hedges and building habitat for dormice, reptiles, birds, hedgehogs and hibernating creatures. We need to be mindful that what we are building now is resilience. The genie is out of the pot and we are going to have to be creative in managing it. And manage it we must, for the future of our own survival depends upon it.

*Lizzy Stroud*

## Community Bus 300 Club

Thank you all members who help to keep OUR bus on the road. Lucky winners in the February draw:

- 1st. No. 35 Chris Lewis £20
- 2nd. No. 71 Mo Moore £15
- 3rd. No. 161 Erni Smith £10



*Jo Woodley 01503 250489*

## **Downderry and Seaton Village Hall Events**

Coffee Mornings Tuesday 7th March 10am to 12 noon - Come along for a chat and enjoy a hot or cold drink and some cake. It only costs £2.50 per person and there will be a Book Stall and Raffle for that morning's draw. Everyone is welcome,

AGM Friday 10th March doors open 7pm for 7.30pm start - Members only are invited to attend our AGM, doors open 7pm for 7.30pm start. The AGM Agenda is on display in the Village Hall, Snooker Room and our website. On the night you'll also be able to renew membership (Adults £8.50, Junior/Child Group Members £4).

Film Night Saturday 11th March doors open 6.30pm for 7.30pm start - Ticket to Paradise (Certificate PG-13) - £5 on the door and there is a bar and snacks available.

Little Breakfast Saturday 18th March 10am to 1pm - Come and enjoy a Breakfast Bap of Sausage, Bacon & Egg or the veggie option of Egg & Hash Browns with a hot or cold drink for just £4.50. There will also be a book/DVD sale. Everyone is welcome, including well behaved dogs on leads.

Downderry and Seaton Associations and Groups Event Saturday 25th March 5pm to 8pm - Come to the Village Hall and chat with representatives from some of the associations, groups and organisations in our area and find out what they do, how you can get involved or just show your support for the amazing work they do. Entry is free and there will be hot and cold drinks available and a pop up bar. You will also be able to join or renew your Village Hall membership.

Easter Quiz Friday 31st March 6.30pm for 7.30pm start - If you've ever wondered what to do with all that knowledge and trivia stored in those little grey cells, then get those thinking caps on, and have a fun and exciting evening. Tables are for groups of up to 6, so come along with a group of friends and family, or just come and join in on another table.....and win those prizes. There will be nibbles on your table, a bar & raffle. Tickets are £5 each and they go on sale on 6th March.

Film Night Saturday 15th April doors open 6.30pm for 7.30pm start - The Banshees of Inisherin (Certificate 15). The price is £5 on the door and there is a bar and snacks available. Reserve your seats before midday on Thursday 6th April using the contact details below.

For more information about the above events see posters around the area, go to our website [www.downderryandseatonvillagehall.co.uk](http://www.downderryandseatonvillagehall.co.uk) or Facebook Group, email [downderryandseatonvillagehall@gmail.com](mailto:downderryandseatonvillagehall@gmail.com) or telephone 01503 250412.

*Mandy Smith  
Secretary, Downderry and Seaton Village Hall*

## Downderry Community Bus

DATE		DESTINATION	DEPART	LENGTH STAY	FARES SINGLE	FARES RETURN	
<u>March</u>							
Thursday	2	Liskeard	9.30 am	2 Hours	£2.00	£4.00	
Friday	3	LOOE	11.30am	3 Hours	£2.00	£4.00	
Tuesday	7	Plymouth	9.30 am	4 Hours	£3.00	£5.00	
Thursday	9	Liskeard	9.30 am	2 Hours	£2.00	£4.00	
Tuesday	14	Plymouth	9.30 am	4 Hours	£3.00	£5.00	
Wednesday	15	TRURO	9.30 am	4 Hours	£5.00	£10.00	
Thursday	16	Liskeard	9.30 am	2 Hours	£2.00	£4.00	
Friday	17	TRAGO MILLS	9.30am	3 hours		£4.00	
Friday	17	Tea and Cakes at St Nicholas Church, £2.00			3.00pm		
Tuesday	21	Plymouth	9.30 am	4 Hours	£3.00	£5.00	
Thursday	23	Liskeard	9.30 am	2 Hours	£2.00	£4.00	
Friday	24	Tremenheere Sculpture Gardens, overlooking St Michaels Mount	9.30 am	4 Hours	Entrance Fee plus £15 bus fare		
Tuesday	28	Plymouth	9.30 am	4 Hours	£3.00	£5.00	
Thursday	30	Liskeard	9.30 am	2 Hours	£2.00	£4.00	
<u>April</u>							
Tuesday	4	Plymouth	9.30 am	4 Hours	£3.00	£5.00	
Thursday	6	Liskeard	9.30 am	2 Hours	£2.00	£4.00	
Every Tuesday and Thursday Services to Plymouth and Liskeard as above							
<u>Excursions/Trips for April.....</u>							
Friday	7	NO Looe, Bank Holiday	.....	.....	.....	.....	
Friday	14	TOTNES	9.30 am	4 Hours	£5.00	£9.00	
Wednesday	19	TRURO	9.30 am	4 Hours	£5.00	£10.00	
Friday	21	TRAGO MILLS	9.30am	3 hours		£4.00	
Friday	28	Charlestown Shipwreck and Heritage Centre	9.30 am	4 Hours	entrance fee plus £6 bus fare		

**TO BOOK SEATS TELEPHONE DOWNDERRY (01503) 250944 Mon-Fri 9.00am-5.00pm**

As spring approaches, we are venturing further afield. Our excursion this month will be to west Cornwall on Friday March 24 to Tremenheere Sculpture Gardens near Penzance overlooking St Michael's Mount. The gardens offer a dramatic landscape with exotic and sub-tropical planting, which serve as the backdrop for an inspiring sculpture collection by internationally renowned artists.

Located in a beautiful sheltered valley with woods and a stream, Tremenheere hosts its sculpture gardens, gallery, shop, nursery and restaurant. Looking further ahead our excursion in April will visit the Charlestown Shipwreck and Heritage Centre on Friday April 28.

During March in addition to our regular weekly services to Plymouth (every Tuesday) and to Liskeard (every Thursday), we will be visiting Looe on Friday March 3, Truro on Wednesday March 15, and Trago Mills on Friday March 17. The usual departure time for our services is 09.30 starting from Broads Yard, Downderry with all the normal pick up points along the way. Please note that the Looe service departs at 11.30, to allow time for a leisurely lunch and any shopping with a return time of 15.00.



A quick reminder that we have re-routed our Thursday service to Liskeard, so that it now runs through St Germans at approximately 09.45. This also means we can offer the opportunity to all passengers using this service to drop off and pick up at Kernow Mill. Passengers will need to book in advance to ensure a seat by calling our booking tel. no. 01503 250944 (details below). Those passengers, who have a bus pass, will be able to use it on the Liskeard service as well as on the Tuesday service to Plymouth. We are able to pick up in Polbathic and at two stops in St Germans at the railway station and opposite the shop.

There will be a Friends of the Bus tea and cakes meeting at St Nicolas Church, Donderry at 3pm on Friday March 17. For all passenger bookings please call Bev Brighton on 01503 250944. For 300 Club and details of the monthly draw call Jo Woodley on 01503 250489. For any other questions please contact Kevin Done, chairman on 01503 250911 or by email at [kevindone@hotmail.com](mailto:kevindone@hotmail.com).

### **Devioc Activities Group**

Hot drinks & snacks available & all activities offered on a "pay as you can" basis at the Zone Donderry.

Craft Café and Art Group. Every Monday 2pm - 4pm. Bring your own Art or Craft project or have a go at our Taster Sessions. Interested in INKLE LOOM WEAVING? One to one tuition available, no previous experience needed, nor any materials. Come along on a Monday and see what's involved.

MARCH 6th Easter Cards - Taster  
13th Mindful Stitching with Pat Paxton - Taster  
20th Easter Cards - Taster  
+ Lino Workshop with Louise Nichols 1.30pm - 4.30pm £12.50  
(to book contact Sue on [webstersue62@gmail.com](mailto:webstersue62@gmail.com))  
27th Quay Lane Well Being Hub + Easter Candles - Taster

For information about the Art Group contact Tricia on [ppcjadams@yahoo.co.uk](mailto:ppcjadams@yahoo.co.uk)

Table Tennis Wednesdays 6pm-8pm (Not 22nd March). All levels welcome, all equipment provided. Contact Maggie on [magiluv2sing@gmail.com](mailto:magiluv2sing@gmail.com),

Children's and Family Activities Dance Fridays 3.30pm-4.15pm

Looking ahead, on Monday 3rd April 2pm - 4pm - Special Activities for children whose parents attend the Craft Café. Contact Leanne on [leanneronk@yahoo.com](mailto:leanneronk@yahoo.com)

*Viv Parker*

## **Eliot Hall Community Centre St Germans**

Come and enjoy a hot drink and a toasted teacake with us on Saturday 11 March 10 am - 12 midday.

It was lovely to see so many of you at February's coffee morning. Looking forward to seeing old friends and new in March.

*Briony Woods*

## **Downderry and Seaton WI**

Your local WI meet at The Zone, Downderry on the second Tuesday of each month, our next meeting being 14<sup>th</sup> March 2pm with our speaker local lady Emma Newton-Barnes "Fun with Crystals". The next Craft Group meeting will be Tuesday 21<sup>st</sup> March again at 2pm.

Please remember that if you would like some company and a lunch, the first and third Wednesdays in the month at St Nicolas Church is the place to be. These lunches are organised by the church with volunteers providing the food.

Finally, if you are new to the village and would like to come along to one of our meetings, please come along you are very welcome.

*Julie Green, Secretary*

[downderryandseatonwi@gmail.com](mailto:downderryandseatonwi@gmail.com)



Thanks to National Lottery Heritage Funding we are dedicating resources to raising the profile of sustainable tourism and developing a Sustainable Tourism Charter for the Tamar Valley. Later this year, we'll be supporting tourism businesses that wish to work with Travel Trade, and helping them to exploit the lucrative group travel market. Tourism and hospitality businesses can benefit from a host of training opportunities and business workshops, whilst at community level, we'll be recruiting tourism ambassadors and training a team of visitor greeters.

With all this exciting work in progress, we're looking for several new Committee members from a wide range of backgrounds to join our friendly team and help steer our work. If you have tourism expertise, insight into sustainability and the environment, community engagement experience or have a marketing or clerical background, we'd love to hear from you. The Committee meets regularly, and Committee members contribute just a few hours of their time each month, subject to their availability. As our Marketing Manager Sarah says 'not only is this a very

exciting time for tourism, we're also a great bunch of people to work with. Visit Tamar Valley is poised with all the resources at its disposal to influence and exploit a growing domestic travel market for the benefit of everyone who lives, works and visit the area. Our work will have positive implications for the local economy too and we'd love to hear from like-minded people who can help us fulfil our potential'.

If you'd like to find out more about joining the Committee, volunteering a few hours of your time each month and getting stuck in to making a real difference, drop a line to [marketing@visittamarvalley.co.uk](mailto:marketing@visittamarvalley.co.uk) for more information or to register your interest.

*Charlotte Dancer - Information & Communications Officer*  
*t: 01822 835030 e: [cdancer@tamarvalley.org.uk](mailto:cdancer@tamarvalley.org.uk)*

### Rita's Rota

#### March Dates

- 1** 18:00 - 20:00 DAG Table Tennis (CZ)
- 2** 09:30 D'Derry Bread & Babes (CZ)
- 3** 15:30 DAG Childrens' Dance (CZ)
- 4** 11:00 H'ford Coronation Planning Mtg
- 5** 10:00 Morning Service (SNCh)  
10:30 Methodist Service (SGMC)
- 6** 14:00 - 16:00 DAG Craft Café & Arts (CZ)
- 7** 10:00 Coffee Morning (DSVH)  
Mobile Library:  
St Germans - Alms Houses 09:45 - 10:05  
St Germans - Quay Road. 10:15 - 10:50  
Downderry - Inn. 13:55 - 14:35  
Seaton - Car Park. 14:45 - 15:05
- 8** 18:00 - 20:00 DAG Table Tennis (CZ)
- 9** 09:30 D'Derry Bread & Babes (CZ)  
14:30 St Germans Thursday Club (EHSG)  
19:30 Deviock PC Full Meeting (CZ)
- 10** 15:30 DAG Childrens' Dance (CZ)  
19:00 DSVH AGM (DSVH)
- 11** 10:00 - 12:00 Tea and Teacake (EHSG)  
11:00 - 13:00 Coffee, Cake and Chat (HCH)  
18:30 Film - Ticket to Paradise (DSVH)
- 12** 10:00 Morning Service (SGPC)  
15:00 Joint Methodist Service (CZ)
- 13** 14:00 - 16:00 DAG Craft Café & Arts (CZ)
- 14** 14:00 D'derry & Seaton WI (CZ)
- 15** 18:00 - 20:00 DAG Table Tennis (CZ)  
19:00 St Germans Gardening Club (EHSG)
- 16** 09:30 D'Derry Bread & Babes (CZ)
- 17** 15:00 Friends of CB Tea & Cakes (SNCh)  
15:30 DAG Childrens' Dance (CZ)

- 18** 10:00 - 12:00 Coffee Morning (SGMC)  
10:00 Little Breakfast (DSVH)
- 19** 10:00 Morning Service (SNCh)  
10:30 Methodist Service (SGMC)  
10:30 Recycling for Charity (EA)
- 20** 14:00 - 16:00 DAG Craft Café & Arts (CZ)
- 21** 14:00 D'derry & Seaton WI Craft Group (CZ)
- 23** 09:30 D'Derry Bread & Babes (CZ)  
14:30 St Germans Thursday Club (EHSG)  
18:30 Deviock PC Planning Meeting (CZ)
- 24** 09:30 CB Tremeneheere Gardens (CB)  
15:30 DAG Childrens' Dance (CZ)
- 25** 17:00 D'derry & Seaton Groups Event (DSVH)
- 26** 10:00 Morning Service (SGPC)  
10:30 Methodist Service (SGMC)
- 27** 14:00 - 16:00 DAG Craft Café & Arts (CZ)  
14:00 - 16:00 Wellbeing Hub (CZ)  
18:30 St Germans PC Meeting (EHSG)
- 29** 18:00 - 20:00 DAG Table Tennis (CZ)
- 30** 09:30 D'Derry Bread & Babes (CZ)
- 31** 15:30 DAG Childrens' Dance (CZ)  
18:30 Easter Quiz (DSVH)

**CZ Downderry Coastal Zone; CB Community Bus; DSVH Dderry & Seaton VH; PoIH Polbathic Hall; EA Eliot Arms StG; EHSG Eliot Hall StG; HC H'ford Church; HCH H'ford Church Hall; SGMC St G Methodist Ch; SGPC St G Priory Church; SNCh St Nicolas' Church; SNS St Nicolas' School; TC Tideford Church; TRBL Tideford RBL Hall; WVH W'gates V Hall**

Entries for Rita's Rota should be sent to [nuttree.editor@yahoo.com](mailto:nuttree.editor@yahoo.com) by 17<sup>th</sup> of the preceding month. **Rita**

[nuttree.editor@yahoo.com](mailto:nuttree.editor@yahoo.com)

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